



ISPS WEEKLY

NEWSLETTER

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DATES FOR YOUR DIARY

October

- 4 ISPS 25th Anniversary BBQ
- 10 Parent Workshop - School Bullying & Other Misbehaviors
- 11 Mini College Fair
- 14-17 Yearbook Photos
- 15 MAP Orientation For Parents
- 15 PSATs
- 16 HS "Scene & Heard"
- 17 PYP Parent Meeting
- 18 End of Q1 MS/HS
- 21 SSS ES Parent Meeting
- 23 Parade of Nations
- 27-28 Divali (National Holiday)

MISSION

ISPS is a vibrant learning community dedicated to developing passionate learners who strive for excellence and pursue their unique potential. We encourage resilience, innovation and collaboration, preparing students to act with confidence and integrity as caring global citizens.

VISION

Inspiring thinkers and doers to shape a better world.

MOTTO

Difference Makers,
Future Shapers

ISPS Contact #: 633-4777

Dear Parents/Guardians,

I hope that you have had a good week and are all ready for Friday's Welcome Back Barbeque and 25th Anniversary Celebrations. This year the PTO really wants the event to appeal to all students, so there is an extended entertainment program: live music and an illusionist, which was included for our older students. I hope to see all of our High School students in attendance so that it can truly be a whole school celebration. House Points will also be awarded to all attendees to encourage participation.

As many of you are aware, last week ISPS students took part in a Climate Action Protest at the Queen's Park Savannah. I am delighted that we were able to support the students in their action and we will continue to nurture and develop this trait in our students. I firmly believe that the world needs people who are prepared to take positive action. Benjamin Franklin said that "Well done is better than well said" and in 1866 John Ruskin wrote one of my favourite quotes, which is; What we think, or what we know, or what we believe is, in the end, of little consequence. The only consequence is what we do."

Some other upcoming dates for your diary, International Day will held on Wednesday 23rd October and the first CAISSA tournament is 7th, 8th and 9th November. We are hosting students from the Cayman Islands, Ecuador and the Dominican Republic in boys' football and girls' volleyball and basketball. We are working with the other schools to extend and enrich CAISSA, and have invited other schools to join the tournament. As a result, it is possible that the International School of Havana might also join and we are waiting to get confirmation.

ISPS has had a long history of community service projects, and it is our aim to extend and strengthen this program. If any parent has links to, or is aware of, a meaningful and appropriate project, which you believe ISPS students can be involved with, please let myself or Maeve O'Donovan know.

Thank you for your continued support and I look forward to seeing you all tomorrow, at 5pm.

Helen Brocklesby
Director

PICTURE DAYS

<p>HIGH SCHOOL</p> <div style="background-color: #003366; color: white; padding: 10px; font-size: 2em; font-weight: bold; margin: 10px auto;">OCT 14</div>	<p>MIDDLE SCHOOL</p> <div style="background-color: #003366; color: white; padding: 10px; font-size: 2em; font-weight: bold; margin: 10px auto;">OCT 15</div>	<p>ELEMENTARY SCHOOL</p> <div style="background-color: #003366; color: white; padding: 10px; font-size: 2em; font-weight: bold; margin: 10px auto;">OCT 17</div>
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ISPS DADS & ISPS PTO

ISPS 25th Anniversary BBQ

FRIDAY 4TH OCTOBER

5 pm - 8 pm

KIDS' ZONE!
TASTY
EATS!

WITH SPECIAL PERFORMANCES by

• FARMER NAPPY •

• NADIA BATSON •

• JOHANN CHUCKAREE •

• Mr Joseph & ISPS Kids •

Come celebrate with us!

ISPS INTERNATIONAL DAY OCTOBER 23, 2019

Climate change is the defining issue of our time – and we are at a defining moment. If we do not change course by 2020, we could miss our chance to avoid the disastrous consequences of runaway climate change. The time for ambitious #ClimateAction is now.

António Guterres

Secretary-General of the United Nations

International Day, October 23rd 2019
Traditionally each year the International School of Port of Spain celebrates “International Week”. This year we are focusing all our efforts on one full day and declaring an International Day. This is carded for Wednesday, October 23rd. This is the day before the UN designated United Nations Day, always held on October 24.

As always at our international events we welcome the opportunity to honor the diversity of our community with special events that highlight the work of the United Nations. Over the last few years we have been highlighting several of the Sustainable Development Goals (SDG), otherwise known as the Global Goals. These are a universal call to action to end poverty, protect the planet and ensure that all people enjoy peace and prosperity.

This year we are focusing on Goal 13: take urgent action to combat climate



A nation that destroys its soils destroys itself. Forests are the lungs of our land, purifying the air and giving fresh strength to our people.

Franklin D. Roosevelt

change and its impact. This is indeed timely following the successful impact our students made with their initiative to

hold a climate strike right here in Port of Spain on September 25th.

Our Plan for the day is to host two events. A prominent guest speaker to address our students, Grades 5-12 in the morning at 9:00am, in the theatre. In the afternoon we will hold our traditional Parade of Nations Assembly in the Gym at 1pm. Please note that all of our families are invited to BOTH events.

This year our October break begins on October 26th and school resumes on November 4th. ISPs will be hosting CAISSA our Sports Conference from November 6th through 9th. Therefore, our usual International Food Festival will not be held early in November. Please be reassured that our hard working PTO are looking at this very popular event closely and hoping to host this later in the year.

Please look out for more details in the next few weeks.

17 Goals to Transform Our World

This Year We Highlight Goal 13

Continued on Page 4



Continued from Page 3

In 2015, countries adopted the 2030 Agenda for Sustainable Development and its 17 Sustainable Development Goals. In 2016, the Paris Agreement on climate change entered into force, addressing the need to limit the rise of global temperatures. Read more about what businesses, governments, and people like you are doing to achieve the Goals!

The Sustainable Development Goals are a call for action by all countries – poor,

rich and middle-income – to promote prosperity while protecting the planet.

They recognize that ending poverty must go hand-in-hand with strategies that build economic growth and address a range of social needs including education, health, social protection, and job opportunities, while tackling climate change and environmental protection.

Goal 13: Take urgent action to combat climate change and its impacts
Climate change is now affecting every country on every continent. It is disrupting national economies and

affecting lives, costing people, communities and countries dearly today and even more tomorrow. Weather patterns are changing, sea levels are rising, weather events are becoming more extreme and greenhouse gas emissions are now at their highest levels in history. Without action, the world’s average surface temperature is likely to surpass 3 degrees centigrade this century. The poorest and most vulnerable people are being affected the most.

Above taken from:
<https://www.un.org/sustainabledevelopment/climate-change/>

Blood Bank Visit Postponed

Hello Everyone,

I apologise to all who volunteered to donate blood. The Blood Bank vehicle is down so they were not able to visit our school.

If you would like to get the flu shots for your family pay \$135.00 per shot to Irene Akien in the business office by Friday 11th October, 2019. I will give you a call when the shots are here so we can arrange for you to get it.

Have a wonderful weekend!



VANDA GOMES,
SCHOOL NURSE
vgomes@isps.edu.tt

NOTEABLE INFO
Flu Shots
\$135.00 per shot



Friday October 11, 2019, ISPS Gym

Robotics Club Launched at ISPS

This year, ISPS has started its first Robotics club.

Students from grade 4 to 7 meet after school, with Ms. Meade, to build skills on building and programming a Lego Mindstorms EV3 Robot.

They will learn about programming for speed, how to avoiding obstacles, and eventually build and navigate through a maze.



JOANNA MEADE,
M.S. / H.S DIGITAL MEDIA
jmeade@isps.edu.tt





Living Our Mission

#Caring

Over the past few weeks, our chapter of the National Honour Society held two fundraisers in efforts to raise funds for those in the Bahamas affected by hurricane Dorian. The first of these events was a week-long 'guess how much candy is in the jar' competition, where both students and teacher alike aimed to accurately guess how much candy was in a jar, with the closest guess winning it all.

The latter of these events was "The Minute to Win It," which was heavily inspired by the game show of the same name. Teams of two competed to see who could complete challenges in a given amount of time. We couldn't have asked for better support from students and members of staff as both events were very well received as we were able to raise \$ Thank you all for your contributions to help those affected by Dorian, and stay tuned for more NHS fundraisers over the course of the year!

NHS members continue to live the mission of our school through this venture and our involvement with the kitchen 'Love All, Serve All' where we helped feed the homeless persons on the streets of our capital city.





NHS, as part of community service, took responsibility of feeding the homeless in Port of Spain last week. The organization, 'Love All, Serve All', began cooking meals for the homeless in downtown Port of Spain in November 2016. It was initiated by a gentleman named Devesh Maharaj, using the ground floor of his office building to prepare, cook and pack the meals for distributing to the homeless in the downtown area. The initiative soon spread to Chaguanas where meals are also now similarly prepared for the homeless there.

The meals are all vegetarian and usually consists of a carbohydrate, beans (protein), and vegetables along with a bottle of water. Nearly 3 years later, this kitchen as it is referred to today, still operates from its original location on Abercromby Street but with many enhancements. Various people, companies and the people involved in running it take turns daily to cook meals.

The National Honor Society took responsibility for preparing over 250 meals last Saturday 28th September, 2019, which marked the 1050th day of feeding the homeless of Port of Spain. The meal that we decided to prepare was macaroni, red beans, and stir fried vegetables. It was a very long day and those that were able to partake, worked different shifts. We started at 7.30am and finished by 9.00 pm. It a very productive day!

It started with a market run for the freshest ingredients at the best prices possible.

We went to the Queen's Park Savannah market and purchased pumpkin, cabbage, green peppers and seasoning, and then headed into town (Queen Street) to purchase the remaining ingredients from a specific grocery store and a street vendor who is a homeless person. All this was under the guidance of a seasoned kitchen coordinator.

The remaining items purchased included carrots, chives bundles, pimentos, macaroni, cheese, milk, red beans, packing containers and water. This process took over 3 hours.

At 1.45pm we gathered at the kitchen to prepare and cook the food, We had to wash, peel, cut up and of course cook in the largest pots ever! This was completed by 6.30pm and the packing took another hour. By 8pm we started loading up a van with 254 packed meals and water and accompanied by 2 other vehicles, we started the distribution to the waiting homeless who have become accustomed to receiving meals and eagerly look out each night for them.

The established route took us to the National Library area, Belmont, Independence Square, George, Duke and Covington Streets. While some of these areas are known to be unsafe, we never felt unsafe. One of the coordinators (my dad) arranged two security men to accompany us.

This experience has made a significant impact on each of us - food, a roof over our head, the security of our home, are things we take for granted. These homeless people, for whatever reason, live on the streets, do not work and live day to day not knowing what to expect. They are very kind and respectful.

We enjoyed working together to prepare and pack the meals but the most touching and most memorable part of our day was actually interacting with the homeless, getting to know them, and even dancing and singing with one of them. Seeing the joy on their some of their faces is priceless.

We look forward to participating once per month and getting as many ISPS students involved in any way possible..

Asia Chan
NHS Secretary





CAIMANS ATHLETICS



Athletics Update

Soccer

On Monday Sept 30th, our U12 Boys suffered their first defeat from Dunross Prep 1-0.

On Wednesday, Our U15 Girls continued their winning fashion by defeating Dunross Prep 3-0. ISPS got 2 goals from Sara, and one from Isabella.

Volleyball

Our U20 Female Team was successful in their first day of the North Zone Secondary Schools Volleyball Tournament. The Caimans defeated Maple Leaf, St. Joseph's and South East Port of Spain.



Saturday Games Schedule

Round	Date	Team 1	vs	Team 2	Venue
Round 1	(Sept 21)	Team 1	vs	Team 2	Venue
	10:30 am	St. Mary's		ISPS	St. Joseph's Convent (SJC)
	11:45 am	Fatima		St. Anthony's	SJC
Round 2	(Sept 28)	Team 1	vs	Team 2	Venue
	9:00 am	ISPS		Fatima	SJC
	10:15 am	St. Anthony's		St. Mary's	SJC
Round 3	(Oct 5)	Team 1	vs	Team 2	Venue
	9:00 am	St. Anthony's		ISPS	ISPS
	10:15 am	Fatima		St. Anthony's	SJC
Round 4	(Oct 12)	Team 1	vs	Team 2	Venue
	9:00 am	St. Anthony's		Fatima	ISPS
	10:15 am	ISPS		St. Mary's	ISPS
Round 5	(Oct 19)	Team 1	vs	Team 2	Venue
	10:30 am	Fatima		ISPS	TBD
	11:45 am	St. Mary's		Fatima	TBD
Round 6	(Oct 26)	Team 1	vs	Team 2	Venue
	10:30 am	ISPS		St. Anthony's	TBD
	11:45 am	St. Mary's		Fatima	TBD



Go Caimans!



ISPS



2019 - 2020 Events Calendar

OCTOBER 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Health Week HS MAP Testing G9-10	2 Health Week HS MAP Testing G9-10 U15 Girls Soccer Dunross Prep vs ISPS 1:00-2:00pm Community Sports Night Basketball 7:00-9:45pm Gym	3 Health Week HS MAP Testing G9-10 G4 Field Trip to Eco Park & Petting Zoo Chaguaramas 10:00am-12:30pm Community Sports Night Football/Volleyball 6:00-8:00pm Gym	4 Health Week HS MAP Testing G9-10 ISPS 25th Anniversary BBQ 5:00-8:00pm Gym / North Field	5 SATs 7:00-2:00pm
6	7	8	9 U15 Girls Soccer Mucurapo Girls B vs ISPS 11:30am-12:30pm Community Sports Night Basketball 7:00-9:45pm Gym	10 Parent Workshop School Bullying & Other Misbehaviors 7:40-8:40am Dance Room Community Sports Night Football/Volleyball 6:00-8:00pm Gym	11 Mini College Fair 9:00-11am Gym	12 ACTs 7:00-2:00pm
13	14 HS Yearbook Photos 7:30am-12:30pm Theatre	15 MS Yearbook Photos 7:30am-11:00pm Theatre MAP Orientation for Parents 7:35-8:45am Cafeteria HS Field Trip to HADCO, D. Martin 7:40-9:00am	16 PSATs 9:00am-12:30pm Gym U15 Girls Soccer Mucurapo Girls vs ISPS Hasely Crawford Stadium 11:30am-12:30pm Community Sports Night Basketball 7:00-9:45pm Gym HS "Scene & Heard" 6:00-7:30pm Theatre	17 ES Yearbook Photos 7:30am-12:30pm Theatre PYP Parent Meeting 7:40-8:40am Green Room Community Sports Night Football/Volleyball 6:00-8:00pm Gym	18 End of Q1 MS/HS	19
20	21 Student Support Services ES Parent Meeting 7:30-8:30am Cafeteria	22	23 9:00am International Day Guest Speaker Parade of Nations 1:00-2:00pm Gym Community Sports Night Basketball 7:00-9:45pm Gym	24 United Nations Day Community Sports Night Football/Volleyball 6:00-8:00pm Gym	25 MS/HS Q1 Reports on PowerSchool	26
27 DIVALI National Holiday	28 DIVALI OBSERVED National Holiday	29 MID TERM BREAK School Holiday	30 MID TERM BREAK School Holiday	31 Halloween MID TERM BREAK School Holiday	Nov-01 MID TERM BREAK School Holiday	Nov-02 SATs

COMMUNITY SPORTS NIGHTS



7:00-9:45PM

WEDNESDAY NIGHT BASKETBALL



6:00-8:00PM

THURS DAYS

VOLLEYBALL FOOTBALL

Change a Life Foundation


bake sale

THURSDAY OCTOBER 10TH



MIDDLE AND HIGH SCHOOL
BREAK AND LUNCH IN THE CAFETERIA

YOGA For Parents



Monday: 7:45 - 8:45 a.m.
Friday: 7:45 - 8:45 a.m.

Location: Dance Room

Please contact Katherine Dalton-Brown @ 678-1996

NAMASTE

SIGN UP EXTENDED!!! SIGN UP EXTENDED!!!



October 6, 2019 | 15k @ 05:45 | 5k @ 06:30
RBC Head Office, St. Clair (opp. QRC)

REGISTRATION HAS BEEN EXTENDED TO

SATURDAY

GO ONLINE TO SIGN UP UNDER **TEAM ISPS:**
<https://raceroster.com/events/2019/24948/rbc-race-for-the-kids-2019/pledge/team/208692>

OR TO MAKE A DONATION!

SIGN UP EXTENDED!!! SIGN UP EXTENDED!!!

MID-TERM BREAK

OCT 29 TO NOV 03



ISPS Lunch Menu

October 7-18

[CLICK HERE FOR MENU PRICES](#)

October 2019	Monday 07	Tuesday 08	Wednesday 09	Thursday 10	Friday 11
Proteins	Butter Milk Fried Chicken OR Steamed Fish	Brown Sugar Garlic Chicken OR Fried Fish Fillet	Guava BBQ Chicken OR Guava BBQ Fish	Chinese Chicken Tenders OR Asian Fish	Jerk Chicken OR Jerk Fish Skewer
Starches	Mac & Cheese	Roasted Red Skin Potato Hash	Macaroni Pie	Asian Noodles Salad	Red Bean Rice
Peas/Veggie	Coconut Corn on the Cob	Sautéed Vegetables	Steam Vegetables		Fried Plantain
Vegan	Fresh Salad	Pinto Beans	Red Beans	Vegetable Spring Rolls	Honey Garlic Tofu
Soup of the Day				Beef Ramen	

October 2019	Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Proteins	Creamy Chicken Mushrooms OR Stew fish Cubes	Honey Garlic Chicken OR Fish Steaks	Beef Meatballs OR Grilled Fish Marinara Sauce	Curry Chicken OR Curry Fish	buffalo Chicken Wings OR Buffalo Fish Finger
Starches	Roasted Garlic Mash	Mac & Cheese	Penne in pesto	Buss Up Shot	Steak Fries
Peas/Veggie	Mediterranean Salad	Garlic Toast	Fresh Apple	Dasheen Bush Potato and Channa	Fresh Fruit Chow
Vegan	Grilled Tofu Kebab	Lentils Loaf	Soya Meatball	Curry Tofu	Boil Corn
Soup of the Day			Chicken Noodle Soup		Potato Soup with Toasted Bread Crumbs