



# ISPS WEEKLY

NEWSLETTER

**WHAT'S INSIDE**

**FROM THE DIRECTOR**

PTO AGM Update	2
Willingness to Serve	3-7
ES Design & Build Results	8
PK3 Sensory Activities	9
Living Our Mission	10
Science Corner	11-12
Community Notices	13-14
May Calendar	15
Cafeteria	16

**DATES FOR YOUR DIARY**

- May**
- 10 G1 Field Trip
  - 11 Open House
  - 13-17 ES Science Fest
  - 13-17 G 6-9 MAP Testing
  - 15 PTO AGM
  - 17 Personal Project Exhibition
  - 20-24 ES MAP Testing
  - 20 Senior Internships Begin
  - 26-30 HS NYC Workshop
  - 28-29 G7 Grande Riviere Trip
  - 30 Indian Arrival Day (National Holiday)

**MISSION**

ISPS is a vibrant learning community dedicated to developing passionate learners who strive for excellence and pursue their unique potential.

We encourage resilience, innovation and collaboration, preparing students to act with confidence and integrity as caring global citizens.

**VISION**

Inspiring thinkers and doers to shape a better world.

**MOTTO**

Difference Makers,  
Future Shapers

ISPS Contact #: 633-4777

Dear Parents,

It seems like this week has gone by more quickly than others, but perhaps it was because we have been very busy with Helen Brocklesby's visit. Helen and her children arrived on Sunday evening and have been very busy this week. Charlie and Ella have been in classes all week and have already made friends. They seem to be having a great time.

Helen's schedule has been very busy. She has been meeting with key personnel reviewing and being brought up to date on all aspects of the ISPS program. As well as learning all about ISPS procedures and practices, Helen joined us for a 3 hour training on our new student information system, attended two Board sub-committee meetings, and met with members of the PTO. To complete their "handover visit", this weekend, they will be engaged in fun activities, while getting familiar with the sites of Trinidad and Tobago.

While it has been a lot of information in a short period of time, Helen is feeling well prepared for her arrival in August. We wish them a very safe flight back to Nigeria and look forward to their return in August.

It was an exciting week for our Grade 5 students who had their first round of PYP Exhibition presentations this morning.

Parents were on hand and I think the students did a wonderful job preparing for the Exhibition, and presenting their projects. It was interesting to hear how much research they have completed and I learned a few new bits of information from their presentations. The exhibition continues on Friday and I want to congratulate all students, teachers, mentors, and parents (as I'm sure there was a lot of coaching going on at home as well) for a great job!

A reminder to all parents that the PTO AGM is being held on Wednesday, May 15th, in the cafeteria from 6:30-8:00pm. During the AGM, the PTO board will conduct some official PTO business followed by an election for two Parent Director positions and two Parent Alternate Director positions. Five candidates have submitted their bios, and I encourage all parents to attend the elections. Exercise your democratic right to vote!!!

We have entered the Holy month of Ramadan. During the month of Ramadan, followers will be fasting from dawn to dusk and we wish all of those celebrating, strength and good will, as you navigate the challenges of fasting.

I hope you all enjoy the weekend.

**Barney Latham**  
Director

## CHECK US OUT ONLINE!





## PTO AGM UPDATE

Notice is hereby given that the Annual General Meeting of the ISPS 2018-2019 Academic Year will be held on:

**Wednesday May 15th, 2019 at 6:30 p.m. in the School's Cafeteria**

### AGENDA

- Welcome
- PTO President's Report
- PTO By-laws Update\*
- Financial Review
- Election of Parent Representatives/Alternate Parent Representatives
  - Explanation of Parent Director and Alternate Parent Director duties
  - Introduction of Candidates
  - Voting
- Chairman's Report – ISPS Board of Directors
- Director's Remarks
- Results of Election
- PTO proposed slate for 2019-2020
- Any other business
- Closing remarks

### ELECTION OF PARENT DIRECTORS

At the end of the 2018-2019 Academic Year, there will be four (4) vacant Parent Director positions on the ISPS Board of Directors.

The available positions are as follows:

Two (2) Parent Directors  
Two (2) Alternate Parent Directors

These positions will be held for a period of two years; the 2019-2020 and 2020-2021 academic year (beginning on the last day of the 2018-2019 academic year)

There are five (5) candidates who have offered themselves for consideration:

Carol McIntyre  
Lou-Anna Ferreira-Patterson  
Robert Hadad  
Vered Westell  
John Morgan

Each candidate will make a short presentation at the AGM outlining his/her qualifications and experience.

Please see their "Willingness to Serve" letters in this newsletter.

**ISPS PTO**

*\* The Revised PTO By-laws along with the minutes of the last AGM will be circulated prior to next week's meeting.*



# NOMINEE STATEMENT

Expression of Interest to serve on the School Board of  
The International School of PoS

CAROL MCINTYRE

Dear ISPS community,

I have been on the ISPS Board since 2017 and I am coming to the end of my term as a Parent Director. The past two years have provided me with grounding in and a framework for decision making, policy and procedural review and insights on how to engage in open and purposeful discussion.

However, there is still more to be done. So What can I offer you if re-elected?

I hold a Bachelor's degree in Political Science from Queen's University (Canada). During these years of learning, what stuck with me was the importance of in-depth analysis, clarity in reviewing issues and confidence in presenting ideas. I have worked in senior positions in Financial Services, in the areas of Development Finance, Investments and Strategic Marketing. As an area of focus, "Communication" is particularly close to my heart, and I believe that it is key to good relationships and building a solid foundation.

Our family joined the ISPS community in 2011. I have two sons who both graduated from ISPS and a daughter currently in the High School. As a parent, I am familiar with the academic and extra-curricular programs and aware of general concerns at the school. This is what fuels my desire and drive to make a difference.

A planner and organizer by nature, I actively support the mission and vision of our school and am willing to take on challenge. My goal is to respect others by working collaboratively, to bring enthusiasm to what I do and to conduct myself with integrity.

At its best, the ISPS Board reflects the expertise, skills and knowledge necessary for successful governance, strategic planning and building relationships with you, our stakeholders. You have the right to attend the next PTO annual general meeting and participate in shaping the team that will be in charge of the governance and future well being of the school.

Our working well together is truly critical to the school's success and I look forward to meeting you on May 15.

Thank you for your consideration.

Best regards,

Carol McIntyre



# NOMINEE STATEMENT

## Expression of Interest to serve on the School Board of The International School of PoS

**LOU-ANNA FERREIRA-PATTERSON**

This expression of interest is to permit the parent community and Faculty of the International School of Port of Spain to assess my worthiness to continue to serve on the school board.

My name is Lou-Anna Ferreira-Patterson. My family has been at ISPS for the past 12 years. My first son graduated from ISPS 2 years ago and is now attending University in Canada and my second son who has been at ISPS since Pre-K is about to complete Grade 10. I have served in various roles at ISPS from Room mom to PTO representative and for the last 7 years as a parent director on the ISPS school board. ISPS has been home to my kids and I have been actively involved in the school in many areas, inter alia sports, raising community awareness and spirit and striving for fair play, academic rigor, helping to manage change etc.

In my role as parent director I have served as the chair of the HR and Policy sub- committee. I have contributed to the amendments to the school's board policy and HR function, by engaging in discussions and deliberations that are deemed to be in the best interest of the school and all of its stakeholders. We have also established document control where the changes to Board Policy are concerned to ensure that just one document exists at all times.

I am currently employed at Aon Energy Caribbean Limited, in the capacity of Managing Director. Aon Plc is headquartered in the UK with over 50,000 employees worldwide. I am a graduate of the College of Insurance, Kent, England and a post graduate of the Institute of Business, University of the West Indies Trinidad – Executive MBA program.

I have significant experience and expertise in the financial services sector and a very keen interest and working knowledge of "Contract Law". I am Trinidadian by birth and understand the environment and culture within which the school operates. I operate on the principles of Integrity, Objectivity, Fairness and Transparency. I believe that my institutional memory at the Board will serve the school well as we manage more change into the future. I am passionate about making a valuable contribution to whatever I am involved in, in an objective manner. I believe that all these attributes will allow me to continue to bring clarity, balance and insight to the deliberations of the board of ISPS. I am prepared to continue to serve all stakeholders in a fearless, honest and professional manner.

**Lou-Anna Ferreira-Patterson**



# NOMINEE STATEMENT

## Expression of Interest to serve on the School Board of The International School of PoS

ROBERT HADAD

Dear ISPS Community

I would like to express my willingness to continue serving as a Parent Director on the International School of Port of Spain (ISPS) Board of Directors. I have been on this Board of Directors for almost three years. Currently I have two sons attending the ISPS, one in Grade 10 and the other in Grade 6.

I have also served as a board member of the Brian Lara Cancer Treatment Foundation from 2008 to 2010.

After graduating from The University of the West Indies, Cave Hill Campus, in 1988 with a BSc in Accounting, I began working as an auditor at KPMG Corporate Finance Limited. After a successful three-year tenure, I tendered my resignation in order to pursue the dream of starting my own business.

In 1992, together with my two brothers, we formed Hadco Ltd. where I hold the position of Group co-Chief Executive Officer. What started off as primarily a food and electrical import and distribution company has evolved into a dynamic and diverse group of companies, with specialty in other areas such as lighting, ice cream and ice cream cone manufacturing, bonded warehousing facilities, transport services and retail operations. The Hadco Group is comprised of: Apadocas, Haagen Dazs, Mousie's Ice cream Parlour, Caribbean LED Lighting, Land Ice and Fish, Peppercorns, Nova Lighting, Creamery Novelties, Happy Time Ice Cream Cones, Kelec, Hexcorp, Sampson's Transport, JRJ Bonded Warehouse, The Lighthouse Limited, Ecoimpact and Fresh Organics Ltd.

Hadco is also committed to investing in our society through our Corporate Social Responsibility (CSR) initiatives.

We partnered with Phase II Pan Groove Steel Orchestra in 2015 because of our deep national pride and to promote and support our local culture.

In 2018, we established the HADCO Group Foundation in memory of our late sister, Maria Hadad. This foundation raises funds to help our employees who suffer from the effects of natural disasters or those who need financial aid due to medical expenses.

I understand that life is about balance and spending quality time with family is a priority. I am confident that my leadership skills and reputation in the business community will be beneficial to ISPS. I believe in a hands-on approach to solving problems and am committed to excellence. I am eager to make a positive difference wherever I can.

Sincerely,

**Robert Hadad**



# NOMINEE STATEMENT

## Expression of Interest to serve on the School Board of The International School of PoS

VERED WESTELL

Dear members of the Nomination Committee,

My name is Vered Westell. I am a 40 year old Organisational Development Specialist, High School and University Lecturer with over 10 years experience in both the Industrial and Academic fields enabling me to give a well rounded and informed opinion from a uniquely bi-faceted point of view.

The experiences that I have lived on both sides of the fence, so to speak, have truly enhanced my ability to view each and every opportunity that may arise thus enabling me to navigate the complex and challenging dynamics that are often found in a large multicultural community. These experiences allow me to contribute in ways School Board Members may not traditionally.

I am very interested in becoming a member of the ISPS Board of Directors for a variety of reasons.

In my capacity as High School Teacher and University Lecturer, I worked closely with students, staff and parents to brainstorm ideas, listen to the needs of our internal and external clients and work collaboratively towards a common goal. I strongly believe in the power of teamwork and understand the importance of bringing a representative group of stakeholders to the table to develop short and long-term goals and strategies. I am a collaborative person by nature and enjoy the synergy that comes about from dynamic teamwork.

Prior to joining the ranks in higher education, I worked as an Organisational Development Manager for a large corporation spending many hours working with staff to develop comprehensive policies and procedures to streamline the overall operation of the company.

In addition, I am a Strategic Management and Leadership specialist by training. Both of the above experiences will allow me to significantly contribute to the process of Continuous Improvement and Change that The International School of Port of Spain is currently undergoing.

I have also had the honor of serving on the Board of the 450 student Piaget Primary School in Mexico in the State of Yucatan for 3 consecutive years (2011-2014).

If this alone were not enough, being a parent to two teenage daughters who attend the ISPS is perhaps the most underrated and useful skill that anyone could ever possess.

I believe it is vital for parents to be involved, be represented and be invested in the decisions that are being made relative to our school when dealing with current and future challenges and problems. I want to be part of the solution, and the only way to do so is by putting myself out there to serve as an active member of the ISPS Board of Directors. I am enthralled at the idea of being a fully integrated and participative Board Member and if I am given the honor to serve, I would relish the opportunity and put forth my absolute best to make both positive and meaningful contributions.

Thank you for your consideration of my nomination

Vered Westell



# NOMINEE STATEMENT

Expression of Interest to serve on the School Board of  
The International School of PoS

JOHN MORGAN

Dear ISPS Community,

I would like to express my willingness to serve as a Parent Director on the ISPS Board of Directors.

The eldest of my three children (14) attends ISPS while the others (7, 11) are at St. Andrews Primary School. I was born in Trinidad and did my primary and part of my secondary schooling at St. Mary's College POS and then at Haileybury College in UK.

I hold a B.A. (Hons) in Philosophy from King's College, University of London and a L.L.B. (Business Law) (Hons) from London Guildhall University.

My career is in the Motion Picture film exhibition sector and I am the Managing Director and CFO of Olympus Theatres, a modern multiplex cinema facility in Barbados.

I assist where I can at my children's schools. At ISPS I helped to establish the ISPS DADS group and served on ISPS 2017 Career Day and Placement committee.

Currently I am part of both the Continuous Improvement Team (CIT) and the Strategic Plan Committee (SPC). These two committees meet almost weekly and are mandated to make ISPS even better than it already is. As Head Connector for St Andrew's School Dads Group (SADS) several fundraising and bonding initiatives take place every term.

As Overseas Secretary for Haileybury, I represent my alma mater in both Trinidad and Barbados.

Whether elected or not I hope to bring my local, regional and international experience to the stewardship of our school's journey and contribute to the enrichment of our ISPS community.

Sincerely

**John Morgan**



## The Results

Just before the Easter Break, the entire Elementary School participated in the Design and Build House Challenge as part of the ongoing STEAM (Science, Technology, Engineering, Arts, Mathematics) activities in the school.

The PreK-3 to Grade 1 challenge was held on the Wednesday and the Grade 2 to Grade 5 challenge on Thursday. Two weeks prior the students were working with the material, familiarising themselves with how the material behaved, exploring, experimenting and testing various designs, and then working together to make their final design for the day of the challenge.

Pre-Kindergarten 3 to Grade 1 students were given the challenge to design and build a structure as tall as they can using toothpicks and molding clay. Initially the students were using marshmallows instead of the molding clay, but the marshmallows proved to be too unstable and most structures were not able to remain standing. When the students switched to the molding clay the students were able to build structures that would remain erect. Structures were scored on the height of the structure and aesthetic

design which was scored on a scale of 1 to 10, with 10 being the highest.

Grade 2 to Grade 5 students' challenge was building a bridge with drinking straws and tape. Students had to consider when designing their bridges, the strength, cost to build and aesthetic appeal. These three factors would determine each team's final score. Strength of the bridge was determined by how many coins in a cup the bridge was able to support before the bridge flexed more than 2 cm. Each straw cost \$0.50 and each additional roll of tape cost \$1.00. The aesthetic design was scored on a scale from 1 to 10 with 10 being the highest. The final score for the bridges were the number of coins plus the aesthetic score minus the cost to build.

Wednesday was extremely exciting with all the students, in their House Teams, working together to build their structures with the toothpicks and molding clay. The teams were given 30 minutes to build their structures after

## Are In...

which the structures were measured and scored. The winners for the Toothpick and Molding Clay Challenge were:

- PK-3:** Olivia — Mayaro
- Pk-4:** Anne/Alex/ Adrian — Caroni
- KG:** Max/ Hugo/ Mason — Maraval
- Gr 1:** Quenin/ Madison — Mayaro  
Yoel/ Sofia/ Stella — Caroni

Thursday Straw and Tape Bridge Challenge was no less exciting. Students were divided up into their House Teams and given 1 hour to build their bridges. The bridges were then taken to the testing tables to be scored on strength, cost and aesthetic design. The winners were:

- Gr 2:** Toon/ Rafael — Caroni
- Gr 3:** Ryan H. / Lucas — Nariva
- Gr 4:** Shane/ Abi/ Kaiden/ Hughes — Maraval
- Gr 5:** Chloe/ Eden/ Tannar — Maraval

Congratulations to all the winners and great job to all those who participated. Many thanks to all the Homeroom teachers and volunteers who helped to make the event a success.

**Jonathan Chin Lee**  
ES Digital Media



# Exploring Pre-K3 Through Sensory Activities

Ms. Sultan-Khan's Pre - K3s introduced two new sensory activities this week. Students enjoyed using their light table to make glowing buildings. This encouraged their language development, problem solving skills, and social interactions.

Our sensory tiles were used for our fun and interactive "Music and Movement" trail to promote their cognitive growth and motor skills.





# Living Our Mission

## ... Collaborative Learning Grade 5: PYP Exhibition

The grade 5 PYP Exhibition is an extended in depth collaborative inquiry that is student driven, and one that marks the culmination of student learning in Elementary School. The students' work epitomizes the elements associated with the Primary Years Program and this is shared with the entire school community.

This year the transdisciplinary theme is **How We Organize Ourselves** and students chose to explore the interplay between human made systems and natural systems through the lens of biomimicry. The overarching central idea explores how people can learn from natural systems how to develop and enhance human made systems.

The systems investigated are: biomimicry in water systems, defense systems, engineering and design systems, health systems, transportation and mechanical systems, energy systems, communication systems and agriculture systems. Prior to exhibition day, students had approximately eleven weeks to engage in research, write their reports, reflect, design and create their products and rehearse for their oral presentations.

The journey is complete and the students have thoroughly enjoyed sharing what they have learned with the ISPS community.



# SCIENCE FEST



Acid Raid Presentation



A Grade 7 student demonstrates a 'plastic milk' experiment to a Grade 4 visitor.



Dissections with Grade 3



# SCIENCE CORNER

Maeve O Donovan, Head of Science

## Celebrating Science at ISPS

As I mentioned in the last Science Corner, the Science Department hosted the annual Science Fest last week, showcasing what has been happening in our Science classes during the course of the year.

It is student centered with Middle and High School students presenting to younger students who all seemed hugely enthusiastic to be part of many great activities. Great fun was had by all.

Check out the photos!

Thank you to our Science teachers for their efforts in helping our students with their presentations.

I am delighted to announce that Elementary school will host their Science Fest from Monday 13th to Friday 17th of May.

We look forward to seeing what activities they have been exploring for the year.

Have a wonderful weekend.

Pictured Above: Lung dissection (Grade 10 Biology) A visiting Grade 7 student tries to inflate a lung by blowing through a straw .



Pictured Above: Grade 6 presents an energy experiment to Grade 5.

*See more on next page.*



Grade 8 students teach Grade 3 students how to use a microscope.



Eye dissection: Grade 10 Biology. Visiting Grade 7 students carry out an activity to try and find their blind spot.



Grade 8 dissecting frogs with Grade 3.



Grade 8 explaining human body systems to Grade 3.



High School students explain acid rain to Elementary School students.



Question time!



Water Pollution Presentation.



Mix and match terminology.



Water Pollution race.



This Grade 3 student displays the heart of a frog after dissection.



Grade 7 shows an experiment on chemical changes.



Grade 7 explaining symbiosis to Grade 4.



Kids enjoy freezing bubbles with dry ice

ELEMENTARY SCHOOL



SCIENCE FEST

LOCATION: ELEMENTARY SCHOOL CLASSROOMS

MAY 13 - 17, 2019



Bake Sale

SENIOR YEAR GRADUATION BALL FUNDRAISER

TUE 14TH MAY  
TIME: 7:30 AM - 2:30 PM  
CAFETERIA

ALL REVENUES GO TOWARDS "FIGHT FOR A DREAM". MORE INFO ON GOFUNDME.COM



15 05 19  
DATE

PTO  
AGM

6:30 PM  
TO  
8:00 PM

ISPS  
CAFETERIA

ELEMENTARY SCHOOL

nwea  
map®



testing

MAY 20 - 24, 2019

Kickboxing, Curry & Coolers

A FAMILY FUN COOLER LIME

Experience the exciting Boom Bang kickboxing exhibition & let your kids join in a kickboxing workshop! Let them play in the playground and splash park, while you try the best Indian curries!

Sunday May 26, 3-6pm  
Windsurf Park, Westmoorings by the Sea.



Adults 120 TTD / Children 50 TTD

Tickets include entry, kickboxing exhibition, splash park & 1 curry dish  
Add-on tickets for the workshop are 50TTD per child.  
Don't forget to bring change for the bake sale, raffle tickets and face paint

SIGN UP NOW FOR THE KICKBOX WORKSHOP! FUN GUARANTEED!

GET YOUR TICKETS BEFORE 27 MAY VIA MOODY 5085877 #BOOMBANG/ST.JAMES; PETRA 7149744, TITCH 7158664 OR AMY 4785320 #ISPS/WESTMOORINGS; SARAH 2724260 #ISPS/GOODWOOD; KATE 5158888 #MAPLE LEAF/WESTMOORINGS; NAUREEN 7016255 #ST.ANDREWS/VIC GARDENS; SADHAVI 7094060 #FEDERATION PARK

**GRADE 10**  
**PERSONAL PROJECT EXHIBITION**  
 FRIDAY | MAY 17  
 ISPS GYMNASIUM  
 8:30 - 11:50 AM

INTERNATIONAL SCHOOL OF PORT OF SPAIN

**SUMMER CAMP**

**DATE: JULY 1 - JULY 19, 2019**  
**9:00 am - 2:30 pm**

<b>4 - 6 Years Old</b> Art & Craft Drama Cooking Dance/ Drama Exploratory Science Sports	<b>7 - 8 Years Old</b> Art & Craft Cooking Dance/ Drama Exploratory Science Sports	<b>9 - 10 Years Old</b> Cooking Digital Music Production Coding Sports Dance
--	---	--

**FRIDAY FIELD TRIPS!**

**HOW TO REGISTER:**  
 Collect form from school's Front Desk.  
 Return completed form to Elementary School Office or fax: (868) 632-4595  
 Contact#: 633-4777 Ext. 123

<b>11-12 Years Old</b> Cooking Exploratory Science Robotics Sports
--

The International School of Port of Spain

*Celebrating 25 Years*

**Yearbook 2018 - 2019**

**ON SALE**

**YOGA** For Parents

Monday (7:45 - 8:45 AM)  
 &  
 Wednesday (8:50 - 9:50 AM)

Location: Dance Room

Please contact Katherine Dalton-Brown @ 678-1996

NAMASTE

**PRIMARY SCHOOL TENNIS TOURNAMENT**

<b>DATES:</b> • May 18th, 2PM to 5PM - Under 10 Red Ball • May 19th, 9AM to 1PM - Orange, Green, Open	<b>LOCATION:</b> Country Club, Maraval
---	---

<b>Age Group</b> Grade 6 and Under 4-Player Teams		<b>Categories</b> Under 10 Red Ball Orange Ball Green Dot (Div. 1 & 2) Open (Div. A, B & C)
---	--	---

Contact Jonathan Chin Lee (Room 217) at 633-4777 or [jmchinlee@isps.edu.tt](mailto:jmchinlee@isps.edu.tt) or 620-1636



ISPS



2018 - 2019 Events Calendar

# MAY 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	29 ES ERBs G3-5 7:40-8:40am	30 ES ERBs G3-5 7:40-8:40am	1 ES ERBs G3-5 7:40-8:40am (Make up testing)	2 G2 Art Field Trip Botanical Gardens 8:30am-11:30pm	3 MS Parent/Teacher Conferences 7:30am-3:00pm MS Classrooms NO SCHOOL FOR MS ONLY Kindergarten Field Trip Botanical Gardens 8:30am-1:00pm	4 SATs 7:30-2:00pm
	MS ERBs G6-8 10:00-11:30am	MS ERBs G6-8 10:00-11:30am	MS ERBs G6-8 10:00-11:30am (Make up testing)	HS Parent/Teacher Conferences 12:30-3:00pm Gym		
	ASA Session 3 Begins 2:30-4:30pm		Open Forum 7:00-9:00pm Cafeteria			
5	6 AP Exams Non AP Senior Internships begin	7 AP Exams	8 AP Exams	9 AP Exams G4 Health & Fitness Field Trip Claxton Bay Anglican School G5 PYP Exhibition 8:00-10:45am Small Side of Gym	10 AP Exams G5 PYP Exhibition 7:30-10:45am Small Side of Gym G1 Field Trip NIHERST Science Center	11 Open House 9:00 - 12:00noon
12	13 AP Exams ES Science Fest G 6-9 MAP Testing Session 2	14 AP Exams ES Science Fest G 6-9 MAP Testing Session 2	15 AP Exams ES Science Fest G 6-9 MAP Testing Session 2 PTO AGM 6:30-8:00pm Cafeteria	16 AP Exams ES Science Fest G 6-9 MAP Testing Session 2	17 AP Exams ES Science Fest G 6-9 MAP Testing Session 2 Personal Project Exhibition 8:30-11:50am	18
19	20 ES MAP Testing Session 2 Senior Internships Begin	21 ES MAP Testing Session 2	22 ES MAP Testing Session 2	23 ES MAP Testing Session 2	24 ES MAP Testing Session 2	25
26	27	28	29	30	31	
HS NYC Workshop	HS NYC Workshop	HS NYC Workshop	HS NYC Workshop	HS NYC Workshop		
		G7 Grande Riviere Trip	G7 Grande Riviere Trip	Indian Arrival Day NATIONAL HOLIDAY		



# ISPS Lunch Menu

May 13—May 24

May 2019	Monday 13	Tuesday 14	Wednesday 15	Thursday 16	Friday 17
Proteins	Herb Roasted Chicken OR Blackened Fish	Breaded Chicken OR Cilantro Fish	Beef Bolognese OR Fish Creole	Sweet & Sour Chicken OR Sweet & Sour Fish	Baked Chicken OR Pan Seared Fish
Starches	Cream of Corn Pie	Potato Wedges	Herb Pasta	Fried Rice	Warm Potato Salad
Peas/Veggie	Sautéed Vegetables	Coleslaw	Green Salad	Stir-Fry Vegetable Noodles	Steamed Broccoli
Vegan	Seared Tofu	Zucchini Fritter	Lentils Meat Balls	Vegetable Spring Roll	Tofu Fries
Soup of the Day					Corn Soup

If you have a special diet or have any allergic reactions to certain foods, please advise our caterers at your earliest convenience so that they may prepare a menu that fits your needs.

MAY 2018	Monday 20	Tuesday 21	Wednesday 22	Thursday 23	Friday 24
Proteins	Chicken Kebab OR Fish Kebab	BBQ Chicken Tenders OR BBQ Fish	Beef Meatballs OR Fish Fingers	Curry Chicken OR Curry Beef	Hot Dogs on Baguettes
Starches	Loaded Potato Skins	Sweet Potato Mash	Herb Spaghetti	Roti	Condiments Relish Sautéed Onion 4 Cheese
Peas/Veggie	Crispy Glazed Carrots	Baked Beans	Marinara Sauce	Dasheen Bush Choka Potato & Channa	French Fries
Vegan	Mixed Greens	Soya Cakes	Soya Meatballs	Curry Tofu	Soya Jamaican Patties
Soup of the Day					Vegetable Soup