



ISPS WEEKLY

NEWSLETTER

WHAT'S INSIDE

FROM THE DIRECTOR

Sports Day & Walk-a-Thon	2
World Forest Day	3
Oil Spill (Gr.4)/ Lots of Socks	4
Life in Trenches/ NHS Brunch	5
Sustainability Field Trip	6
GIN	7
International Pi Day	8
Nurse's Notes/Kindness Tree	9
ES Counselor's Corner	10
Middle Matters/ Library	11
Athletics	12
April Calendar	13
Notices	14-15

DATES FOR YOUR DIARY

March

23	Last Day of School
23	Walk-a-Thon & All-School Sports Day; 7:30-11:30am
23	Whole School Dismissal; 11:30am
24	Start of Easter Break
26-6(April)	Easter Break

April

9	School Resumes
10	ASA Session 3 Starts
11-15	CAISSA Season 3 (Ecuador)

MISSION

ISPS is a vibrant learning community dedicated to developing passionate learners who strive for excellence and pursue their unique potential. We encourage resilience, innovation and collaboration, preparing students to act with confidence and integrity as caring global citizens.

VISION

Inspiring thinkers and doers to shape a better world.

MOTTO

Difference Makers,
Future Shapers

ISPS Contact #: 633-4777

Dear Parents,

This has been a week of a build-up of excitement.

ES students have been preparing all week long for their student-led conferences. The conferences are being held today and it is nice to see parents in school during the day. The student-led conferences give students the chance to share their work with parents, work that they are very proud of. I'd like to thank the parents who took the time out from their busy schedules to support their son/daughter. Based on educational research, your positive participation in school activities has a 100% correlation rate to student success in school.

The entire school is looking forward to our walk-a-thon tomorrow morning, followed by fun House activities. Students should come dressed in their House T-shirts. Points will be earned all morning for a variety of activities and will all be put together with

previous house points earned. At the end of the year, we will present the School Spirit House Challenge Cup to the House that has accumulated the most points throughout the year.

A special reminder to all MS and HS students. Friday is a school day and attendance will be taken. Absences will be given for classes missed and as many HS parents will know, absences affect credit in HS classes. There are quite a few HS students close to the threshold of losing credit in certain classes. As parents, please help us stress the importance of attending school on Friday. Thank you for your support.

I wish you all a very happy Easter break. For those travelling, safe travels.

As a reminder, school resumes on April 9th.

J Barney Latham
Director



Farewell!

Syedda Sher, Kindergarten

Syed Sher, Grade 5

Pedro Camacho, Grade 8

William Gilks, Grade 2

Perrylee Christie, Grade 7

Good Luck!

From Your ISPS Family

THANK YOU

FOR COMPLETING THE RE-ENROLLMENT PROCESS &
FOR FILLING OUT THE Advanced CERTIFIED PARENT SURVEY

HAPPY EASTER



FOR MORE INFORMATION PLEASE CALL MR. ALI: 620-6866 OR 633-4777 EXT. 135

FULL PARTICIPATION IS ENCOURAGED... ALL PARTICIPANTS MUST WEAR HOUSE T-SHIRTS.

WALK-A-THON & FAMILY DAY SCHEDULE

- All students and Staff must participate in Walk-a-thon. Registration is \$10.00
- Registration takes place during the week leading up to event. Registrants will get a Walk/Run Card indicating Name, House and School.
- Bell starts Walk-a-thon at 7:30am, bell ends Walk-a-thon at 8:30am
- Participants must check off each lap on their Cards at the officials' tables.
- All Participants must submit their Cards to the Officials at 8:30am.
- House points awarded to students, staff and parents for most laps made for the Walk-a-thon hour.
- Participants must be placed in events before Sports Day (at your House Meetings).
- Full house assembly at 8:45 on Spanish Court Field.
- House Spirit Cheer Competition
- Houses proceed to respective House Tents and Sport areas (ES move to Gym and North field) MS and HS stay on Spanish Court Field
- Events start at 9:00am
- Events end at 11:15.

Please click
[HERE](#)
for the EVENTS



ISPS Celebrates World Forest Day



On March 21st, 2018 (World Forest Day), representatives from the Forestry Division visited our Grade 4s and 3s to give a presentation on carbon sinks and air purification in the cities. Afterwards, we planted a small tree on our school grounds to commemorate the day.

This reinforced what the students from Grade 4 are currently studying on how human activity accelerates changes in the environment. Specifically, we have looked at how the increase in international trade has affected both people and the environment. The students have become familiar with climate change and the increase of greenhouse gases, including carbon dioxide.

Submitted by: Sabrina Ghany



Oil Spill Clean Up

During 4th Grades, Where We Are In Place And Time, students inquired into how human activity can lead to changes in the environment and often leads to conflict. Often due to the transportation of good and oil, we see the effects on the environment due to oil spills or leaking oil. Students were tasked trying to figure out what material and tools best remove the oil. Students were able to test out a variety of tools and found out how difficult it is to clean up after an oil spill.



Lots of Socks

How ISPS Commemorated World Down Syndrome Day



At ISPS on Wednesday, there were plenty of colors and lots of fun socks. The children and teachers wore their craziest socks, mismatched socks in support of World Down Syndrome Day.



NHS Sharing Love in High School

School Spirit was alive and well (and delicious!) in High School during our last Homeroom before the break. National Honor Society hosted an Easter Brunch for their peers and also took the opportunity to mark 'Lots of Socks' day being observed by the Down Syndrome Family Network.

Student 'chefs' prepared short order waffles, pancakes, nutella crepes, scrambled eggs and bacon, and there was an abundance of fruit, pastries, pies and beverages, all generously donated by NHS members and well-wishers.

The mood was light, as the countdown to break looms and the camaraderie was tangible. Students milled around enjoying the bountiful fare and checking out the colorful and mismatched socks worn by supporters.

This academic year, in an effort to live out our school's mission, and being 'difference makers, future shapers', our NHS chapter made a commitment to support children in need or at risk. Members have reached out to make a difference in our community, through direct engagement, as well as making donations from our fundraising activities. A portion of monies collected at the brunch will be forwarded to DSFN in support of their efforts to raise awareness in Trinidad and Tobago.

Happy Easter ISPS.
Enjoy the break!

Submitted by Karena Amow
NHS Advisor

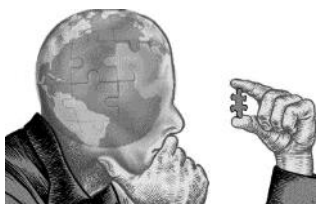


Life In Trenches

As part of Grade 10s unit on Global Conflict, they had the task of presenting a comprehensive introduction to 'Life in the Trenches' during World war One. The students were allowed to approach the presentation using any format, which resulted in many of the usual suspects such as Powerpoints, Prezi's and slideshows, but also offered up a fantastic array of models & videos of the trenches.

The students were able to build into the models evidence to showcase their understanding of the conditions on the front line between 1914 & 1918, and successfully incorporated aspects such as shell shock, disease, and even literary responses to the conflict, featuring the works of men like Wilfred Owen & Siegfried Sassoon. This work will be complemented by an examination of war poetry and it's value in offering a window to one of the World's bloodiest conflicts.

Submitted by Matt Broughton



INDIVIDUALS & SOCIETIES

Sustainability Field Trip

Roxanne Veck

"Different ways to help the environment and use less electricity was the main thing I learned."
Dara Lopez

"The trip to Mrs Veck's house was a great experience. Firstly, it shows how efficient solar power can be in generating electricity, and it provides an excellent example for when Trinidad 'goes green'. Secondly, it shows that rainwater, in its natural state, is better for consumption because chemical processes are not involved." Chayim Baker

'Does that mean you don't have Wifi? How do you survive?'. This is often the first question I'm asked by students when they realise that I live out in the forest, completely off grid. So as part of a unit on Sustainability I decided to take Grade 8 students to my house to gain a deeper understanding of how it is in fact possible to survive living off grid!

The house is tucked away in the hillside on the way to Maracas beach and operates on solar energy and rainwater collection and students had the opportunity to speak to my father in law, Johan, about the technical side of living net zero for water and electricity. They explored the battery room where energy is stored before being converted and looked at the various panels and heating systems on the roof. My mother-in-law, Lorraine, then gave students a tour of her forest garden where they collected plants and fruit and learned of their various



"When we were driving up I was looking at all the trees, when I got there I was learning about them. I got to interact with nature freely in an environment that is very eco friendly. I absolutely loved learning about how solar power works, and how to collect and preserve water."
Chloe Bain

purposes and uses. The end result was a team effort and an excellent batch of lemonade!

The highlight for me was seeing students exploring the outdoors, running free in the

forest. And yes, they spent the whole morning with no Wifi and somehow they survived!

I'd like to say a big thank you to Johan and Lorraine Van Druten for being so

welcoming and giving up their time to teach our students and to Mr Blickley, Mr Huerta and our Security Officers Michelle and Marvin for their participation and assistance on the trip, we had a great time.

"Human nature has led our techno-era to rise above the recommended energy consumption, destroying our planet, and supporting depletion. Centered near the famed Maracas Beach, Ms. Veck's home was absolutely the opposite of society's common practices. It was incredible; tiled with solar panels, rainwater harvests, and a garden filled with the most varied plants, flowers, trees that nature has to offer. This was definitely one of the most inspiring field trips I have been to, as it completely transformed my daily view of a concrete jungle to a beautiful natural home that practices what it preaches." Zera Te



PAN AMERICAN SCHOOL IN COSTA RICA | MARCH 8TH-10TH, 2018

Breaking Mindsets

Empowering Change

Eleven students from Middle and High School attended the Global Issues Network Conference (GIN) with their teacher advisors Mrs. Rebecca Tompsett and Mr. Ian Joseph. The Global Issues Network's mission is to empower young people to collaborate in order to create project-based sustainable solutions for local and global issues and this connects beautifully with the ISPS Vision "Inspiring thinkers and doers to shape a better world"...

Here are some of the students' thoughts on the experience of taking part in the GIN conference:

"GIN Conference was an awesome experience where I met cool people from different places and learned about different global issues."

KyLeigh Cayetano
Grade 12

Over the course of the three-day conference, the presentations, workshops, and speeches I have come into contact with have not only greatly enhanced my learning and understanding of the global issues surrounding the earth on which I live, but also furthered



my insight into the actions being taken by the young global leaders of today, entirely transforming my perspective on the potential of children. GIN has not only inspired me to continue my services and participation in looking towards a greener future, but it has also proven to me that I am not alone. That there are millions of people just like me, who have faith in the recovery of our planet. It has taught

me that small change becomes a big change- that a seed will blossom into flower.

Charlotte Potter Grade 8

"As the project got started and my group and I encountered an issue we were really interested to speak out about, I found a new motivation: a motivation to go to Costa Rica, and to spread awareness on an issue but also to gain knowledge from different schools on their

issues as well. We faced many challenges along the way, but we never gave up and as it came time for my group and I to present I found myself to be more confident and brave as I was opening up a part of me that isn't always easy for me. The experience overall was one I will take with me onward to college and I will never forget the bonding experience GIN has brought to me."

Justine Fernandes Grade 12

"The GIN conference has motivated me into wanting to do more good and helping people both in my community and around the world. I've gained a new level of confidence and I'm no longer hesitant when it comes to sharing ideas, being involved, and giving back." **Veneshka Mauge Grade 11**

π INTERNATIONAL Pi DAY



March 14th (3/14) is celebrated around the world as Pi Day. This year I.S.P.S. celebrated Pi Day on a larger scale.

The celebrations included various math challenges/activities in which students of Middle and High school participated for house points. Following the event, the students moved to the cafeteria for pie sharing.



SUBMITTED BY: CARYNN CHEN



Hello Everyone,

I am taking this opportunity to wish all the members of our community best wishes for the much needed break. It is a short one but hopefully we will make the best of it.

Those who are ill get some rest and eat properly so that you can come back to school rested and well.



KINDNESS TREE



MARCH 19—MARCH 23

Teddy	KKh	Collected lunchboxes for his classmates so they could return to class on time.
Inara	5J	Kindly assisted a teacher during the lockdown drill and pointed out a possible risk to be addressed.
Madisson	5W	Kindly assisted a teacher during the lockdown drill and pointed out a possible risk to be addressed.
Urim	5W	After pi-day, he shared pie with the Grade 4 students and they totally enjoyed it!
Maria	4G	Shared her amazing art talent by patiently teaching a classmate how to draw cartoon characters.
Wolfie	PK3	Showed caring for his classmates when he asked for stickers on Tshirts instead of hands so they would not get wet while washing up for lunch.

PTO

**Secondhand
UNIFORMS
FOR SALE**



**HOUSE SHIRTS
AVAILABLE**

Gear up for Sports Day!





ES COUNSELOR'S CORNER



Sincerest Thank You to Cohort 2 of the ES Parenting Workshop...

Your openness and enthusiasm to embrace new ideas, to reinforce tried and true ones, and to challenge unclear concepts and practices added much meaning to my continued growth in Conscious Discipline and to what I hope is only the start of your Conscious Discipline journey.

I truly appreciated your positive energy and willingness to share both your triumphs and your doubts in a spirit of connection versus correction!

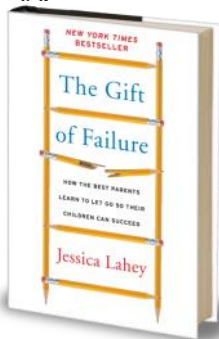
As we continue this parenting adventure, I wish you well and gently echo Dr. Becky Bailey's words - "If children feel safe, they are able to learn; if they feel connected, they are willing to learn."

Warmest best wishes,

PAM H.
MA (Couns), MA (Ed. Psych)
ES Counselor

MIDDLE MATTERS

FROM THE MIDDLE SCHOOL COUNSELOR, MS. VIRGINIA:



The Gift of Failure Opens Parenting Talks

What: Parent book study/discussion group
Who: Middle School Parents
When: Every Tuesday, Jan 16-March 20
Where: Green Room

About the book:

Come and join a parent discussion group with Ms. Virginia and the New York Times Bestseller, "The Gift of Failure. HOW THE BEST PARENTS LEARN TO LET GO SO THEIR CHILDREN CAN SUCCEED" by Jessica Lahey.

New York Times Book Review:

"'The ugly and wonderful truth about middle school,' [Lahey] says, is that 'failure is not an if proposition, it's a matter of when.' Or it used to be. Now that parents shelter their children every step of the way, we have 'failure deprived' college students (as administrators at Stanford and Harvard call them) and entitled, anxious 20-somethings who can't function in a world that's sometimes cold or cruel or indifferent. So how can teachers snatch back their critical role and give children the necessary space to fail? They could start by making parents read Lahey." (Read the rest of the review, in the August 18, 2015 edition of the New York Times

Deeply rooted in research, Lahey's book will help parents learn how to instill the next generation with resilience, confidence and joy by teaching children how to fail. After all, learning from mistakes is where we learn the most.

Research shows that anxiety in students is directly tied to the lack of skills to handle difficult situations, which can only come from actually tackling difficult or challenging situations and making mistakes. These experiences help kids to build resilience and skills to cope with life's twists and turns. They ultimately help to foster resistance to stress and other related illnesses like anxiety in the long run. (Resilience for Anxious Students, Leah Shafer)

Attaining the book:

Parents can attain their own book by ordering an electronic copy or hard copy. The school will also order some for lending purposes or buying. The library will have some copies on Kindle to lend as well.

Parents of Middle school students, are welcome to join me as we learn these and other valuable parenting tools every Monday morning from 7:30-8:30 in the Drama Room from April 16 to June 18. I hope you can find the time to join us. If you are interested, please contact me to commit to the group and our journey together.

Ms. Virginia at
veggleston@isps.edu.tt

LIBRARY CORNER

SAT Classes

There will be a small SAT preparation class in April to prepare students for the May exam. English classes will begin on Saturday, April 7 from 10 am until 1:15 pm. Math classes will be held on Sundays from 10 am until 1:15 pm. Students will familiarize themselves with the SAT exam, learn how to write the SAT essay and practice test-taking tactics to maximize their scores.

There will be eight classes in total. See the library for more details.



Library Checkouts

Library checkouts have closed for students. Any students who wish to check out books for the Easter holiday must have a parent check out books for them. It is important for students to continue their reading over the holidays and discover new books and new authors.

New Books

Check out the new books in the ISPS library. Don't forget we have kindles and I-pods with audio books for parents and students in grade 8 and above to check out.



After School Activities

- Starts April 9th and Ends June 23rd
- Thank you for supporting our After School Activity Program.

Sports Team Development Program

Please register for the program. The start and end dates are the same as the ASA program. Please also consider Rugby.



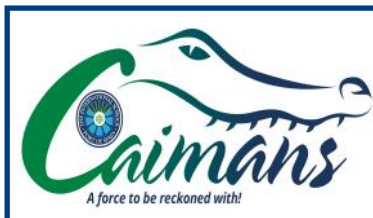
ISPS U13 Hockey Team

ISPS took part in Primary Schools U13 Field Hockey for the first time on Friday 16th March. Our students were fantastic. They won three games, lost one and drew one. They narrowly missed qualifying for the semi-finals.

Great attempt and wonderful behaviour. These students represented us with distinction:

Name	Grade	Name	Grade
Jan Zandervliet	Grade 6	Sam Smyth	Grade 4
Valentina Zamudio	Grade 6	Oliver Eaton	Grade 4
Rebecca Winefield	Grade 5	Nicholas Shearer	Grade 3
Inara Chin Lee	Grade 5	Abigail Chin Lee	Grade 3
Isabella Smyth	Grade 5	Pedro Zamudio	Grade 2
Siem Zandervliet	Grade 4	George Eaton	Grade 2
Avery Blue	Grade 4	Toon Zandervliet	Grade 1

Special thanks to Coach Amanda George and the hockey Moms.



Caimans Athletics

By: Ashmir Ali



International School of Port of Spain

2017 - 2018 Events Calendar



APRIL 2018

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Easter Sunday	2 Easter Break Easter Monday National Holiday	3 Easter Break	4 Easter Break	5 Easter Break	6 Easter Break	7
8	9 School Resumes ASA Session 3 starts 2:30-4:00pm	10	11 CAISSA Season 3 Ecuador Open Forum 7:00-9:00pm Cafeteria	12 CAISSA Season 3 Ecuador	13 CAISSA Season 3 Ecuador	14 CAISSA Season 3 Ecuador ACTs 7:30am-2:00pm
15 CAISSA Season 3 Ecuador	16	17 MS/HS Q3 Reports	18 End Q3 MS/HS	19	20	21
22	23	24 MS/HS Science Fest	25 MS/HS Science Fest	26 MS/HS Science Fest	27 HS Personal Project Exhibition 8:30-11:15am Gym	28 Open House 9:30 am-12:00 pm, Cafeteria
29	30 ES ERB Testing MS ERB Testing					

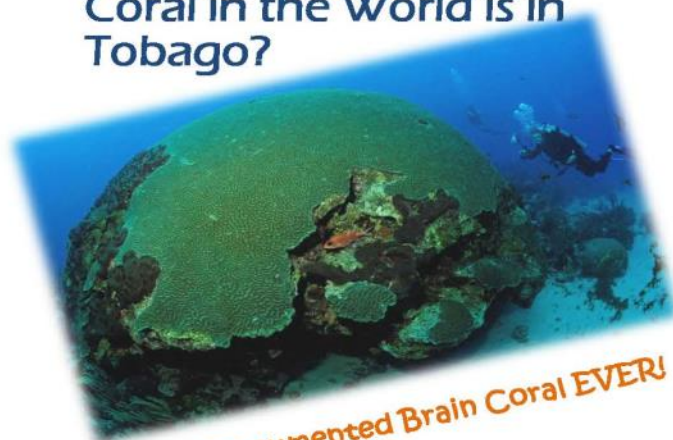
NOTES



SCUBA DIVING PROGRAMME ISPS COMMUNITY

Do you know.....

- What S C U B A means?
- That you can become weightless as if in Space?
- That the largest Brain Coral in the World is in Tobago?



Largest Documented Brain Coral EVER!

Registration in
April, Courses in
May

Learn to SCUBA Dive with
the PADI Open Water
Certification Course.

Or Enrol in More Advanced
Courses for Certified Divers

Contact Vidya at 789 6538 /
tobagodiveexperience@gmail.com
or Elizabeth Aleong (PTO) at
elizabethaleong@yahoo.com

YOGA



JOIN YOGA CLASS

LET YOUR CONTENTMENT
BLOSSOM



EVERY MONDAY (7:45 -
8:45) AND WEDNESDAY
(8:50 - 9:50)
LOCATION : DANCE ROOM

CONTACT CAROLINE AT
290-1800 FOR FURTHER
INFORMATION

ALERT THERAPEUTIC CAMP

For children experiencing difficulty focusing, paying attention and sitting still in the classroom, CKFTO's Alert Program develops simple, effective self-regulation strategies for optimal learning and self-regulation at home, school and in the community.

Dates 9th-13th April, 2018
Cost - \$2400*
Times: 9:00 a.m. - 11:00 a.m.

*Prices include resource handouts, parent information and Teacher program consultation.

Alert Camp offers the Alert Self-Regulation program in an intensive therapy block. By using daily intensive therapy, corrective behaviours and developmental training are reinforced for maximum results - this assists children in understanding the basic theory of sensory integration related to their arousal states. The objective is to help children learn to monitor, maintain, and change their level of alertness appropriate to the situation or task involved.

For more information please contact CKFTO at 628-3268 for registration
Or via e-mail reception@ckfto.org
19 Vidale Street, St-James 628-3268



24 King Orange Drive Santa Rosa Heights Arima
 1 (868) 270 2293, 685 5171, 763 6603
 theatrefortotstoteens@gmail.com

Theatre/Drama Spring Break Camp @ ISPS

Monday 26th March to Thursday 29th March; 9:00am to 12noon

Theatre for Tots to Teens is an acclaimed, children edutainment brand for kids aged Toddler to Teens, currently implemented as a meaningful after school activity in schools such as Maple Leaf, QSI, Montessori Academy, Arbor and Trimont College. Established in Trinidad and Tobago, its formula is found in original and proven indigenous content and strategies that bring out the genius in its participants. The program makes learning fun and exciting, yet at the same time it builds character. Children get an opportunity to not only express themselves, but to explore new interests. In a nutshell your kids will be exposed to:

Acting for Screen, Sound and Stage
 Extended Fun & Fitness Workouts
 Creative Expression
 Rhythmic Expressions
 Social and Public Engagement
 Music and Song Composition and Recording
 Short Film Production

Our focus is not just to entertain, but to create an environment where children's self esteem and self worth are enhanced and they can feel empowered. Teaching them to express themselves appropriately, in a constructive and confident way, are among our highest priorities. The other themes we focus on are, optimal - but highly encouraged - vigorous physical activity, tolerance and acceptance of others, manners, morals, patriotism and culture. Caring and nurturing these young lives is not only our responsibility, but also our utmost priority. All members of our team have extensive experience working with children of all ages and are actual professionals in their respective fields.

- Convenient daily drop in rate TT\$ 200.00 per child, per day.
- Registration 8:30 am – 9:00 am, ISPS reception area, forms will be provided.
- **Please pack a nutritious snack and lots of extra water. Attire: athletic clothing and sneakers with socks.**

For more info, feel free to log on to our Theatre for Tots to Teens FB page and online Saturday Camp booklet:

https://issuu.com/theatrefortotstoteens/docs/theatre_for_tots_to_teens_saturday_

<https://www.facebook.com/search/top/?q=theatre%20for%20tots%20to%20teens%20international>

Should you require any additional information please feel free to contact us either via phone at 270-2293 or 685-5171, or kindly email to: theatrefortotstoteens@gmail.com

Looking forward to working with your child(-ren)

Easy
Print
Page

DATES FOR YOUR DIARY**March**

23 Last Day of School
23 Walk-a-Thon & All-School Sports Day; 7:30-11:30am
23 Whole School Dismissal; 11:30am
24 Start of Easter Break

26-6(April)

April

9 School Resumes
10 ASA Session 3 Starts
11-15 CAISSA Season 3 (Ecuador)
11 Open Forum; 7-9pm, Cafeteria
14 ACTs; 7:30am-2pm

Easter Break

17

18

24-26

27

28

MS/HS Q3 Reports

End Q3 MS/HS

MS/HS Science Fest

HS Personal Project Exhibition;
8:30-11:15am; GymOpen House; 9:30-12noon, Cafeteria
ES/ MS ERB Testing