

ISPS Guidance Pre-K-12 Standards and Benchmarks

Grade 7

Course Description:

Decision-making skills, communication skills, setting goals, relationship skills, peer pressure, conflict resolution skills

Strands

1. Knowledge of self and others
2. Role exploration
3. Educational and Vocational development

Strand 1 – Knowledge of self and others

Standard 1 - Students will know how to maintain mental and emotional health.

Benchmarks - By the end of Grade 7, students will:

- 1 – 1 Know how to evaluate decisions and ways to change poor ones
- 1 – 2 Understand what is important to them (values)
- 1 – 3 Know how to say “no” to peers
- 1 – 4 Know how to get along with both boys and girls
- 1 – 5 Display positive self-esteem

Strand 2 – Role exploration

Standard 2 - Students will demonstrate assertive skills.

Benchmarks - By the end of Grade 7, students will:

- 2 – 1 Know how to handle peer and adult disapproval
- 2 – 2 Understand sex-role stereotypes
- 2 – 3 Understand different learning styles
- 2 – 4 Understand development of adolescent independence

Strand 3 – Educational and Vocational development

Standard 3 - Students will demonstrate good work habits.

Benchmarks - By the end of Grade 7, students will:

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- 3 – 1 Understand the challenges expected of them in middle school in preparation for high school
- 3 – 2 Understand the application of classroom learning to daily living and decision-making