



## After School Activities Program

*Session 2*  
*January 9th - March 23rd*

### Dates to note:

January 9th — Session 2 Starts

No ASA— February 17th, 20th, 21st, 22nd, 23rd,  
24th, March 12th

March 23rd – Session 2 Ends



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### GUIDELINES FOR PARTICIPATION

- \*All participants must register for each activity. Students, who do not complete the registration process, including payment, where applicable, will not be permitted to participate in the activity.
- \*Students of all ages who are waiting for their activity to begin or for transportation after their activity has ended are expected to remain in their assigned area (in the library, or in the North Car Park). This is to ensure that students are in an environment that is monitored. Please set the expectation with your child to remain in their area and encourage your child to make productive use of the waiting time.
- \*Parents are expected to make arrangements to pick up their child no later than 15 minutes after the end of the activity, unless the child must wait for a sibling to finish a different activity.
- \*Students are expected to conduct themselves properly during after school activities and when moving through the building after regular school hours, including following the directions of teachers and instructors and adhering to normal school rules.
- \*Parents of Students who are not taking part in the ASA program must make arrangements to pick up their child no later than 15 minutes after school is dismissed.

### IMPORTANT GENERAL INFORMATION

1. Registration Period is Monday 5th December - Friday 6th January 2012. Classes with limited space are on a first come, first served basis.
2. "NC" indicates an activity that is free of charge.
3. Return registration forms and payment to the Front Desk.
4. Please make payments using checks or Linx only. Make checks payable to "ISPS".
5. Additional registration forms are available at the front desk of the school.
6. Complete one form per child.
7. Refunds will not be made after the second week of activities.
8. Each activity must have a minimum number of participants. The number varies among classes. Any student who registers for a class that does not reach the minimum may select another class or receive a refund.
9. Every effort will be made to contact parents as early as possible if an activity must be cancelled on a particular day. Please ensure that contact numbers given are accurate.
10. Parents are asked to pick up students after classes.
11. Parents should not attend classes as there is the tendency to distract the students (especially in Gymnastics and Karate classes)

**Registration Form ASAP 2**  
**Complete this form and return with payment to the Front Desk no later than Friday 6th January 2012.**

Student Name \_\_\_\_\_

First \_\_\_\_\_ Last \_\_\_\_\_

Grade \_\_\_\_\_ Homeroom Teacher \_\_\_\_\_

Activities chosen:

1. \_\_\_\_\_ 3. \_\_\_\_\_

2. \_\_\_\_\_ 4. \_\_\_\_\_

Total \$ \_\_\_\_\_

Parent Signature \_\_\_\_\_ Date \_\_\_\_\_

Whom to notify during the day if an activity is cancelled:

Name \_\_\_\_\_ Email \_\_\_\_\_ Phone \_\_\_\_\_

*We have read and understand the attached Guidelines for Participation. We understand that all students involved in the program will be held to these standards and any decision regarding their continued participation will be guided accordingly.*

## ACTIVITY DESCRIPTIONS

**Arts and Craft**- ES students are given the opportunity to express themselves creatively in a variety of artistic ways.

**Badminton**- Middle and High School students learn the skills of this very fast paced game.

**Basketball**-Elementary school boys and girls will learn practice skills and rules of the game.

**Chess** - Students learn skills and play matches with each other and in local competitions.

**Dance Group** - Learn Modern/Jazz routines, Sequence dancing and more. The Group will prepare routines for various ISPS events and any relevant external competitions.

**Drama** - All age level of students will have fun while developing expressive and creative skills via role-playing, script writing, and learning acting techniques.

**Gymnastics** - Students learn the basics of tumbling and non-apparatus gymnastics. LL students will be registered with the National Association (\$50.00)

**Karate** - Students learn the basics of Shotokan Karate and have the opportunity to grade (move up in rank) every three months and participate in community tournaments.

**Modern Dance** - Learn the movements of the modern dance world. Create routines for your own enjoyment and for performance.

**Steel Pan**- Learn the Musical instrument of Trinidad and Tobago with qualified instructors. Only 15 students will be in the class.

**ISPS Pan Ensemble**- Intermediate Level. (No more than 20 players)  
This is a performance group.

- Must be able to read music and play the instrument.

- Auditions will be held on 1<sup>st</sup> Wednesday of term.

- Must be able to commit for at least ONE YEAR

**ISPS Chorale**. This is a performance group.

- Must be able to sing and read basic music rhythms.

- Auditions will be held on 1<sup>st</sup> Wednesday of term.

**ISPS String Ensemble**. Intermediate Level

Students must be able to play the scales of G, D and A major and read music.

Must be able to commit for at least ONE YEAR

**Soccer**- Learn the basic skill of the world's favorite sport in an environment that is geared for the students' enjoyment.

**Spanish Club** - Spanish Club holds meetings twice a month, every other Friday of each month. Students of High School foster a greater understanding of the Spanish culture and language. Extra Spanish credits will be given to those students who attend all the sessions and who assume leadership roles in the Club. A wide variety of activities will be offered: Once a semester trip to a restaurant where Spanish food is served, Spanish movies, the celebration of "El dia de los muertos" and our annual "Noche Latina".

**Strings** - Class includes lessons and performance opportunities. Interested students should be prepared to commit to the study of their instrument for a full school year. Check with Ms. Sylvester for availability of instruments.

**Rugby**- Middle School students learn the skills and rules of this tuff and exciting sport.

**Scuba Diving**- Learn to dive with top instructors and become certified. Please contact Ashmir Ali or Linda Lankenau (633 4777 ext 236) for more information.

**Table Tennis**- Learn the skills of this fast-paced and exciting game.

**Tap** - create exciting rhythms and routines with your feet to show tunes, movie themes, blues and jazz. Tap shoes will need to be purchased at time of registration \$350.00TT.

**Track and Field** - Students from grades 5-12 can benefit from learning how to sprint, run middle or long distance, throw different equipment and jump in a fun, controlled setting.

**Volleyball**- Elementary boys and girls will learn and practice skills and be informed about the rules of the game.

Parents must pick up kids at the pool at 4:00.

## Activities offered

ACTIVITY	GRADE	DAY/S	PLACE	TIME	FEE
Arts and Craft	1-2, 3-5	Monday	Room 241	2:30-3:30	\$450
Elementary Basketball	K-2, 3-5	Monday	Gym	2:30-3:30	\$350
Scuba Diving OW	6-12	Monday	Class 236	2:30-3:30	\$3400.
Karate	All White Belts All Other Belts	Monday/Wednesday	Café	2:15-3:10 3:00-4:15	\$650 \$650
MS Badminton	6-8	Tuesday	Gym	2:30-3:30	\$350
Chess	1-3, 4-6, 8-12	Tuesday	PE Classroom	2:30-3:30	\$350
Soccer	1-2, 3-5	Tuesday	Spanish Court	2:15-3:30	\$350
Table Tennis	5-8, 9-12	Tuesday	Gym	2:15- 3:30	\$350
Gymnastics	3-5, 6-8	Tuesday	Gym	2:30-3:30	\$400
ES Volleyball	1-3, 4-5	Wednesday	Gym	2:30-3:30	\$350
ES Cricket	K-2, 3-5	Wednesday	Gym	2:30-3:30	\$350
Scuba Club Advanced	Advanced Classes	Wednesday	Class 236	2:30-3:30	\$3000.
ISPS Pan Ensemble	Intermediate Level	Wednesday	Pan Room	2:30-3:30	NC
ISPS Chorale	Performance Level	Wednesday	Room 139	2:30-3:30	NC
MS/HS Cricket	6-8, 9-12	Thursday	Spanish Court	2:30-3:30	\$350
MS Boys Soccer	6-8	Thursday	Spanish Court	2:30-3:30	\$350
Drama	1-2, 3-5	Thursday	Drama Room	2:15- 3:30	\$350
MS Spanish Club	5-8	Thursday	Room 230	2:30-3:15	NC
Gymnastics	PK-2	Thursday	Gym	2:30-3:30	\$400
Pan (Beginners)	1-3, 4-6, 8-12	Thursday	Room 136	2:30-3:30	\$400
MS/HS Volleyball	6-8, 9-12	Thursday	Gym	2:30-3:30	\$350
Modern Dance	1-2, 3-5	Friday	Dance Room	3:00-3:45	\$350
Tap Dance	1-2, 3-5	Friday	Dance Room	2:15-3:00	\$350
Dance Group	6-8, 9-12	Friday	Dance Room	3:45-5:15	\$350
Spanish Club	9-12	Every other Friday twice a month	Room 220	2:25-3:30	NC
Cross Country Club	6-8, 9-12	Monday/Wednesday /Fri	Gym	6:00-7:00am	NC