



AFTER SCHOOL ACTIVITIES PROGRAM

Session 11

January 11th - March 19th
(9 weeks)

Dates to note:

January 11th—Session 11 Starts

No ASA— 12 to 19 February, 8 March

March 19th – Session 11 Ends



ASHMIR ALI
(ATHLETIC DIRECTOR)
TEL: 868 633 4777 EXT 134,
868 620 6866

GUIDELINES FOR PARTICIPATION

- *All participants must register for each activity. Students, who do not complete the registration process, including payment, where applicable, will not be permitted to participate in the activity.
- *Students of all ages who are waiting for their activity to begin or for transportation after their activity has ended are expected to remain in their assigned area (in the library, or in the North Car Park). This is to ensure that students are in an environment that is monitored. Please set the expectation with your child to remain in their area and encourage your child to make productive use of the waiting time.
- *Parents are expected to make arrangements to pick up their child no later than 15 minutes after the end of the activity, unless the child must wait for a sibling to finish a different activity.
- *Students are expected to conduct themselves properly during after school activities and when moving through the building after regular school hours, including following the directions of teachers and instructors and adhering to normal school rules.
- *Parents of Students who are not taking part in the ASA program must make arrangements to pick up their child no later than 15 minutes after school is dismissed.

IMPORTANT GENERAL INFORMATION

1. Registration Period is Monday 30th November - Friday 8th January 2010. Classes with limited space are on a first come, first served basis.
2. “NC” indicates an activity that is free of charge.
3. Return registration forms and payment to the Front Desk.
4. Please make payments using checks or Linx only. Make checks payable to “ISPS”.
5. Additional registration forms are available at the front desk of the school.
6. Complete one form per child.
7. Refunds will not be made after the second week of activities.
8. Each activity must have a minimum number of participants. The number varies among classes. Any student who registers for a class that does not reach the minimum may select another class or receive a refund.
9. Every effort will be made to contact parents as early as possible if an activity must be cancelled on a particular day. Please ensure that contact numbers given are accurate.
10. Parents and children who are observing sessions must not disturb the instructor of the class.

Registration Form ASAP 11
Complete this form and return with payment to the Front Desk no later than Friday 8th January 2010.

Student Name _____

First _____ Last _____

Grade _____ Homeroom Teacher _____

Activities chosen:

1. _____ 3. _____

2. _____ 4. _____

Total \$ _____

Student Signature _____ Date _____

Parent Signature _____ Date _____

Whom to notify during the day if an activity is cancelled:

Name _____ Email _____

Phone _____

We have read and understand the attached Guidelines for Participation. We understand that all students involved in the program will be held to these standards and any decision regarding their continued participation will be guided accordingly.

ACTIVITY DESCRIPTIONS

Arts and Craft- ES students are given the opportunity to express themselves creatively in a variety of artistic ways.

Badminton- Middle and High School students learn the skills of this very fast paced game.

Basketball-Elementary school boys and girls will learn practice skills and rules of the game.

Chess - Students learn skills and play matches with each other and in local competitions.

Dance Group - Learn Modern/Jazz routines, Sequence dancing and more. The Group will prepare routines for various ISPS events and any relevant external competitions.

Drama - All age level of students will have fun while developing expressive and creative skills via role-playing, script writing, and learning acting techniques.

Gymnastics - Students learn the basics of tumbling and non-apparatus gymnastics. LL students will be registered with the National Association (\$50.00)

Karate - Students learn the basics of Shotokan Karate and have the opportunity to grade (move up in rank) every three months and participate in community tournaments.

Modern Dance - Learn the movements of the modern dance world. Create routines for your own enjoyment and for performance.

Steel Pan- Learn the Musical instrument of Trinidad and Tobago with qualified instructors. Only 15 students will be in the class.

Sailing- Held at Trinidad and Tobago Sailing Association Sailing School in Chaguaramas. Ages 7-13 sail individual Optimist boats. Ages 14+ sail in two man craft. Each class is taught on the water with trained instructors, qualified in lifesaving and first aid. Instructors supervise from a powerboat equipped with VHF radio. Students must pass a swim test at the first meeting. Students will be transported to the site by maxi, accompanied by an ISPS staff member. Parents will need to arrange transport home from TTSA.

Soccer- Learn the basic skill of the world's favorite sport in an environment that is geared for the students' enjoyment.

Spanish Club - Spanish Club holds meetings twice a month, every other Friday of each month. Students of High School foster a greater understanding of the Spanish culture and language. Extra Spanish credits will be given to those students who attend all the sessions and who assume leadership roles in the Club. A wide variety of activities will be offered: Once a semester trip to a restaurant where Spanish food is served, Spanish movies, the celebration of "El día de los muertos" and our annual "Noche Latina".

Strings - Class includes lessons and performance opportunities. Interested students should be prepared to commit to the study of their instrument for a full school year. Check with Ms. Sylvester for availability of instruments.

Rugby- Middle School students learn the skills and rules of this tuff and exciting sport.

Scuba Diving- Learn to dive with top instructors and become certified. Please contact Ashmir Ali or Linda Lankenau (633 4777 ext 236) for more information.

Table Tennis- Learn the skills of this fast-paced and exciting game.

Tap - create exciting rhythms and routines with your feet to show tunes, movie themes, blues and jazz. Tap shoes will need to be purchased at time of registration \$350.00TT.

Track and Field - Students from grades 5-12 can benefit from learning how to sprint, run middle or long distance, throw different equipment and jump in a fun, controlled setting.

Volleyball- Elementary boys and girls will learn and practice skills and be informed about the rules of the game.

Water Polo- Learn the rules and enjoy this wonderful activity. Great for fitness and fun. Students will be transported to Marlins Swim Club by maxi, accompanied by an ISPS staff member. Maxi Leaves ISPS at 2:30. Parents must pick up kids at the pool at 4:00.

Activities offered

ACTIVITY	GRADE	DAY/S	PLACE	TIME	FEE
Arts and Craft	1-2, 3-5	Monday	Room 241	2:30-3:30	\$450
Elementary Basketball	K-2, 3-5	Monday	Gym	2:30-3:30	\$350
Scuba Diving OW	6-12	Monday	Class 236	2:30-3:30	\$3400.
MS Girls Soccer	6-8	Monday/Wednesday	Spanish Court	2:30-4:30	\$400
Karate	All White Belts All Other Belts	Monday/Wednesday	Café	2:15-3:10 3:00-4:15	\$650 \$650
MS Badminton	6-8	Tuesday	Gym	2:30-3:30	\$350
Sailing (Beginning)	Ages 7-13	Tuesday	TTSA	2:30-5:00	\$900
Chess	1-3, 4-6, 8-12	Tuesday	Room 117	2:15-3:30	\$350
Soccer	1-2, 3-5	Tuesday	Spanish Court	2:15-3:30	\$350
MS/HS Volleyball	6-8, 9-12	Tuesday/Thursday	Gym	2:30-3:30	\$400
Table Tennis	5-8, 9-12	Tuesday	Gym	2:15- 3:30	\$350
HS Ceramics	9-12	Tuesday	HS Art Room	2:30-4:00	\$400
ES Volleyball	1-3, 4-5	Wednesday	Gym	2:30-3:30	\$350
Track and Field	6-8, 9-12	Wednesday	Spanish Court	2:30-3:30	\$350
ES Cricket	K-2, 3-5	Wednesday	Gym	2:30-3:30	\$350
Scuba Club Advanced	Advanced Classes	Wednesday	Class 236	2:30-3:30	\$3000.
Strings	3-4	Wednesday	Class 138	2:30-3:30	\$350
MS/HS Cricket	6-8, 9-12	Thursday	Spanish Court	2:30-3:30	\$450
MS Boys Soccer	6-8	Thursday	Spanish Court	2:30-3:30	\$350
Drama	1-2, 3-5	Thursday	Drama Room	2:15- 3:30	\$350
MS Spanish Club	5-8	Thursday	Room 230	2:30-3:15	NC
Gymnastics	PK-2, 3-5, 6-8	Thursday	Gym	2:30-3:30	\$400
Pan (Beginners)	1-3, 4-6, 8-12	Thursday	Room 136	2:30-3:30	\$400
Water Polo/Swimming	6-8, 9-12	Friday	Marlins Swim Club	2:30-4:00	\$450
Water Polo	1-2, 3-5	Friday	Marlins Swim Club	2:30-4:00	\$450
Rugby	5-8, 9-12	Thursday	Spanish Court	2:30-3:30	\$350
Modern Dance	1-2, 3-5	Friday	Dance Room	3:00-3:45	\$350
Tap Dance	1-2, 3-5	Friday	Dance Room	2:15-3:00	\$350
Dance Group	6-8, 9-12	Friday	Dance Room	3:45-5:15	\$350
Judo	5-8, 9-12	Friday	Gym	2:30-3:30	\$350
Spanish Club	9-12	Every other Friday twice a month	Room 220	2:25-3:30	NC
Cross Country Club	6-8, 9-12	Monday/Wednesday /Fri	Gym	6:00-7:00am	NC

Total Fees for classes selected \$ _____
Please make payment via checks or Linx at the front desk.