



ISPS Weekly Newsletter

Volume 17, Issue 8: Friday 29th October, 2010

Mission

ISPS develops independent learners who strive for academic excellence, pursue their unique potential and meet challenges with confidence and integrity as they prepare for global citizenship.

Vision

A collaborative community creating a vibrant environment that enriches character, while inspiring a passion for learning and personal excellence.

From the Director

Dear Parents,

WOW, The International Food Festival was a fabulous event!

The food was delicious, the booths beautiful, the entertainment fun and sharing each others' company a pleasure. All of the funds raised support the work of the PTO throughout the school year. Thanks so much to the many people who made the Food Festival such a great time. Also, on behalf of the ISPS community, I express a special thanks to Patricia Ghany and Debra De Montrichard for their overall coordination of the event. *It's wonderful to see what the ISPS community can achieve when we work together!*

We had a fire drill on Wednesday morning and the students did a very good job following our evacuation procedures. Our next drill will be for earthquakes and will take place before the Christmas holiday. We will hold additional drills throughout the year to best ensure we are ready in the event of a real emergency. Remember that parents are expected to follow emergency procedures if they are at school when a drill takes place.

The first quarter of school for middle school and high school ends today. Student reports will be sent home on Thursday, November 4th. Please take time to

review these with your children and set goals for the second quarter. Your active interest in their education helps students develop positive attitudes and enhances learning. The first term in the elementary school ends on November 19th.

Divali will be celebrated on Friday, November 5th and is a national holiday (there is no school for students). High school students are planning their annual Divali celebration on Wednesday, November 3rd at 6:00 PM. There will be food and deya lighting and it promises to be a nice event. Tickets are only TT\$50 and are available at the front desk.

Our boys and girls CAISSA volleyball teams are in the final throes of preparation for the tournament to be held in the Dominican Republic November 10-14. Both teams have been working hard and are looking forward to representing ISPS. *Gooooo Caimans!*

Parents of high school students, please be reminded that the College Fair 2010, sponsored by the US embassy, will take place Saturday October 30—Sunday October 31 at the Hilton from 10am-1pm and 3pm-6pm.

Have a good weekend.

Eric Larson

Dates for your Diary:

- Nov. 3 Divali Night
- 4 MS Report Cards
HS Report Cards
- 5 Divali (National Holiday)
- 6 SAT: 7:30am.-2pm
- 10-14 CAISSA - Dominican Republic
- 19 MS/HS Parent Conferences
ES Term 1 Ends
- 26 ES Report Card



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SCHOOL UNIFORM NOTICE

We were recently informed that ISPS uniforms will no longer be sold at The Knowledge Zone stores effective October 14th. We are looking at other options for the sale of uniforms. In the interim, we ask that you make any uniform purchase requests directly to the school and we will be able to provide the needed items. We will let you know when we have determined how best to handle uniform sales and the new system is in place.

Subh Divali



LIBRARY CORNER

By Debbie Jacob

International literature

The ISPS library has a wide variety of popular, international literature. Check out our school's library for internationally acclaimed novels like *The Girl with the Dragon Tattoo* by the late Scandinavian writer Stieg Larsson. The library also has many novels in Spanish and English by Mario Vargas Llosa, the Peruvian writer who won the 2010 Nobel Prize for literature.

AR Reading

The ISPS library supports the elementary school's Accelerated Reading program. Our library has a variety of graded readers that bridge the gap between children's picture books and middle school novels. Boys especially enjoy the library's awesome dinosaur collection. We have all the popular series including *Eragon*, *Maximus Ride*, *The Beacon Street Girls*, *A Series of Unfortunate Events*, *Nancy Drew* and *The Hardy Boys* and more.

Classics

This year the ISPS library is targeting classics in our ISPS library book clubs. Grade 2 will be doing *Henry Huggins*, Beverly Cleary's first novel that dates back to the early 1950s. Grade 3 students will be doing *The Trumpet of the Swan* by E.B. White. Grade 4 students are doing the wonderful classic, *Lassie Come-Home* by Eric Knight (first published in the 1940s) and a few, brave Grade 5 students are tackling *The Yearling* by Marjorie Kinnan Rawlings that also dates back to the 1940s.

ISPS Library Special Project

The ISPS Library is supporting a special education project at YTC, the Youth Training Centre. The guards at this correctional facility for inmates between the ages of 16 and 21 have organized a CXC English language class for 20 teenage boys.

The project desperately needs donations to cover the cost of textbooks and two novels. If you are interested in donating money to this project, please see Nicha or Debbie in the library.

Year of Youth Reflection

By Sandra Baston - Gr. 11

What can I do?

A girl sits on a park bench;
She watches people cleaning up the park.
They pick up water bottles,
Cartons and glass sorting them as they clean.
"What can I do?"
The girl wonders.
She stands up and goes for a walk.
As she walks she sees people giving food to the Hungry. She listens to lectures that take place About drugs and HIV/AIDS, to make people aware That it's wrong and that they should be careful.
She passes a fence with juvenile delinquents Playing, they are treated like every one else.
An adult supervises them.
All the while asking herself,
"What can I do?"
The girl runs home tears streaming down her face;
She runs into her room and flops onto her bed,
Crying silently into her pillow.
Warm arms surround her: it's her mother. She asks
"What's wrong? Why are you crying?"
"I am useless," she answers.
"Useless? How are you useless?"
And the girl tells her mother of what she saw.
The mother silently asks
"What makes these people so great?"
Shocked, the girl answers,
"Mom, of course they are great: they are out there Doing everything they can to help people out. They are right there in the action."
"In the action, you say? Yes, they seem like they are the Only ones out there doing these things to help others
"What do you mean?" asks the girl.
"My child these people you see, are not the only ones. There are other ordinary people in the background who Make it possible for them to do, The things that need be done. Even you can help out, simply by doing what they do on a Grand scale in everyday life, on a smaller scale."
And so to this day the girl does as her mother advised her
By sorting the trash at home, following the lectures advised
And by donating to the funds to help others.
All while hoping one day that we all live
In **harmony, peace and equality.**



Nurse's Notes

Hello Everyone,

Thanks to the parents, staff and students who donated blood. Your contribution to save a life is a very generous one. I also thank the Blood Bank for making the process so easy for our community.



The Ministry of Health sent out a press release on October 25th stating that the Ministry is monitoring the health crisis in Haiti. They have increased surveillance activities at ports of entry and Public Health institutions have been notified to pay particular attention to their responsibilities for diarrheal surveillance and reporting. Please do not panic, this is to inform the country that we are keeping an eye on the situation.

For your information: Signs and symptoms of Cholera include – profuse diarrhea, abdominal pain/cramps, severe dehydration, fever and sometimes vomiting. It is transmitted through contaminated water or food. Treatment is mainly the administration of oral or intravenous rehydration solutions and antibiotics.

In the event of an outbreak and in our quest to prevent the disease we should drink only bottled, boiled or chemically treated water and bottled or canned carbonated beverages making sure that the seal is not broken. Wash hands often especially after using the bathroom and before eating. If soap and water are not available use hand sanitizer.



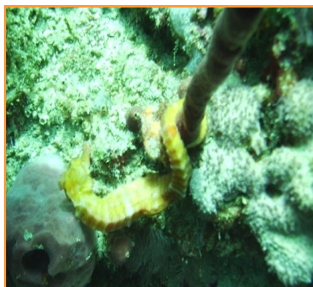
Do have a great weekend.

Vanda Gomes R.N. R.M.

Welcome to 18 new Open Water Scuba Divers- Andrew Thomas

(photos Brynn and Xavier's parents)

This past weekend 18 of the new scuba students went to Tobago to do their open water dives! We had done all of our knowledge studies including 4 quizzes and a final test AND two full morning pool sessions to learn skills. Now it was time to put it into practice. We arrived Friday evening to go on a snorkel trip to Angel Reef. What a thrill the first back roll was as the sun set and the full moon rose. Up early the next day for our dives... 4 dives of skills and exploration! Manta Lodge gave us a hardy breakfast to begin our days!!! Parents even dove!



We saw incredible scenes underwater- from an ancient hawksbill turtle with barnacles on her back to delicate sea horses, huge moray eels, manta rays and so many beautiful tropical fish and delicate corals. We can't wait to go back! We also had some good liming time too. Many thanks to our instructors- Uncle Sean, Arthur, Motley, Ellis, Tully, Ms. L and divemasters Mr. Rod, Mr. Tomas (Tobago Dive Experience!). Our chaperones Mr. Tummala and Ms. L and of course Auntie Vid who took care of all the arrangements. Now to go for fun dives again... SOON!

Science Corner

Welcome to October in the Science Department! The 'hands on' approach was never more apparent than this month. Read on to see more. I continue to applaud the Science teachers who put forth maximum effort to make the learning of Science such a fun experience.

High School

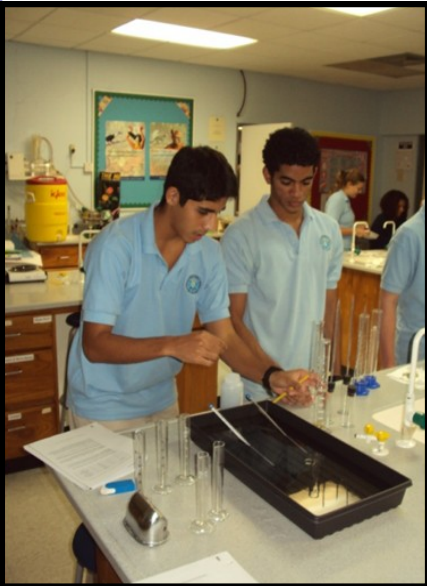
Biology

Well it's that time of year again and the Biology classes have been busy making 3 dimensional models of DNA. Their next project is to make 3D models of a cell of their choice. There will be more on that next month.



AP Biology

While the Biology classes were modeling, the AP Biology class was busy investigating the rate of respiration on germinating seeds and demonstrating the effects of osmosis and diffusion in potatoes. They are now completing a lab on cell division using cells from onion root tips. We have now almost completed the 5th of the required 12 labs for the AP exam.



Elementary School

I would also like to announce the dates of our Science Fest this academic year. It will occur on March 15th, 16th, and 17th. There will be more on that in our next Science Corner.

Have a great week.

Maeve O Donovan
Science Department Head

Grade 5—Science

Unit 2: Energy

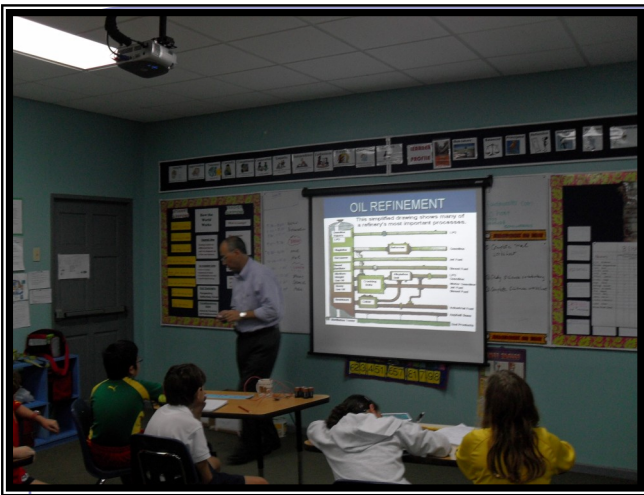
Central Idea: Energy exists in different forms and we depend on it for our future.

Visit From an Expert

Grade 5's Energy Unit got off to a great start with a visit from Karlin Costa who works for BP. He gave a great Power Point Presentation about various energy sources and how different fossil fuels are formed. He explained the difference between renewable and non-renewable energy and stressed how important it is that we start to move towards alternative energy sources like the sun or wind power.

Mr. Costa also brought electronics that use alternative energy and he helped the kids conduct a few quick experiments on how to use a biomass (decaying matter) and a battery as potential sources of energy.

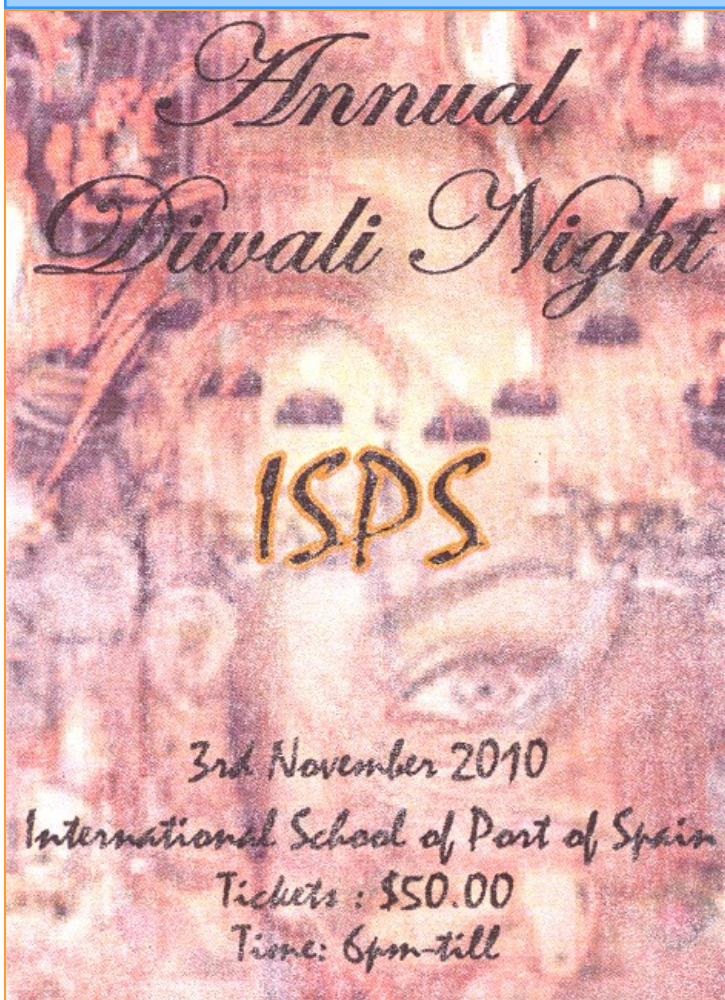
The kids had a great time and were very appreciative that he shared his time and knowledge with them.



Teachers: Mr. Jordan Scheer, Ms. Angela Shahien

Assistant: Ms. Claudelle Lewis

COMMUNITY BULLETIN BOARD



Dear Parents,

On behalf of the International Food Festival Committee we would like to thank you all for making this year's festival a HUGE success.

Epicurean delights spanning 29 countries, dance performances, music and a martial arts display, thrilled over 1,200 patrons on Saturday 23th October 2010.

Thank you to all the enthusiastic and hardworking booth coordinators, booth assistants, parent volunteers, student volunteers and the ISPS security and maintenance staff for making this a truly memorable event for the ISPS community.

Congratulations to the winners in the following categories:

Best booth display: **Philippines**

Best Booth 2nd place: **Syria & China**

Most Original Booth: **Guyana**

Best Food(Overall winner): **Indonesia**

Best Food by Region:

- ◆ **Latin America & Caribbean - Bolivia**
- ◆ **Europe - Hungary**
- ◆ **Africa - Egypt**
- ◆ **Asia - Indonesia**
- ◆ **North America - Canada**

We look forward to your country's participation next year.

The International Food Festival Committee (2010)



College Fair 2010

Saturday 30th to Sunday 31st October

At the Hilton Trinidad and Conference Centre

10 a.m. to 1:00 p.m.

and 3:00 p.m. to 6:00 p.m.

Colleges and Universities from the United States and Canada will be represented.

Dates for your Diary:					
		19	MS/HS Parent Conferences	9-10	ES School Production
			ES Term 1 Ends	16	Last Day of School
Nov. 4	MS Report Cards	26	ES Report Cards	25	Christmas Day
	HS Report Cards			26	Boxing Day
5	<i>Divali (National Holiday)</i>	Dec. 3	ES Parent Conferences		
10-14	CAISSA - Dominican Republic	7	MS Q2 Progress Reports	Jan. 1	New Year's Day (National Holiday)

Cafeteria Menu: November 1-5, 2010

Everyday there will be a set menu at a fixed cost (Table d'hôte) and some days may have an À la carte menu where items are priced individually (À la Carte)

MONDAY 1st	BEEF SUBS, CHICKEN TERRYAKI SUBS, MEATBALL SUBS, FRENCH FRIES, SALAD BAR, DRESSINGS, FRESH FRUIT JUICE (A LA CARTE) BEEF PELAU, COLE SLAW, FRESH FRUIT JUICE (TABLE 'D' HOTE)
TUESDAY 2nd	HAWAIIAN LAMB CHOPS, OVEN FRIED CHICKEN, FISH AU GRATIN, SCALLOP POTATOES, SAUTEED VEGGIES, TOSSED SALAD, FRESH FRUIT JUICE
WEDNESDAY 3rd	CURRIED CHICKEN, CURRIED GOAT, BUSS UP SHUT/DHAL PURI, ALOO AND CHANNA, PUMPKIN CHOKA, CURRY MANGO, FRESH FRUIT SALAD, FRESH FRUIT JUICE (INDIAN SWEETS)
THURSDAY 4th	BAKE AND SHARK, CONDIMENTS, TOPPINGS, SALAD BAR (A LA CARTE) CHICKEN NOODLE SOUP, BREAD ROLLS, FRESH FFRUIT JUICE.
FRIDAY 5th	NO SCHOOL

Prices for Lunch: VAT INCLUSIVE (Table d'hôte)- Fixed Menu

Small: \$23.00 Large: \$28.75

Prices for (A la Carte Menu) : VAT INCLUSIVE

Beef Sub: \$16.10(sm)/\$19.55(m) **Chicken Sub:** \$14.95(sm)/\$17.25(m) **Meatball Sub:** \$16.10(sm)/\$19.55(m)
Bake & Shark: \$20.00 **French Fries:** \$9.20 **Regular Juices: Small \$4.60 Large: \$9.20**

Note: Vegetarian meals are available upon request. Students & Staff who suffer from allergies or have dietary requirements, please let the café know in advance so that they can try to facilitate you.

Other Available Items: Sandwiches, Fresh Fruit Juices, Milk Drinks, Pre-packed Juices, Cut Fruits, Freshly Baked Pastries & Snack Items