



ISPS Weekly Newsletter

Volume 17, Issue 18: Friday 11th February, 2011

Mission

ISPS develops independent learners who strive for academic excellence, pursue their unique potential and meet challenges with confidence and integrity as they prepare for global citizenship.

Vision

A collaborative community creating a vibrant environment that enriches character, while inspiring a passion for learning and personal excellence.

From the Ag. Director

Dear Parents,

February is a busy month at ISPS!

The MUN group returned safely after enduring very cold weather, you will learn more about their trip in a later newsletter.

Tomorrow is a professional development day which means that there will be no school for students. Teachers will use the day to work on different aspects of the school's assessment procedures, including designing some common assessment tools that can be used to track student progress from Kindergarten to grade 12.

This year there was a fantastic response to the Carnival T-shirt design contest. The judges had a hard time choosing from entries that came from students throughout the school. Congratulations to the winners – Julia Peake (grade 6), Shara Morris (grade 11). Chantal Quamina (grade 12) was also awarded a special prize. The T-shirts will be on sale for \$60. We will send an e-mail letting you know when they are available for purchase. Students will be treated to live performances when The Soca Schools Tour visits ISPS on Wednesday 16th from 1:00 to 2:15pm.

Next week elementary students will take the MAP tests. On the 17th, we hold our first film festival featuring short films created by our students. Parent-Teacher conferences for parents of high school students will take place on February 18th from 12:15-3:30am. High school students will be released from school at 11:30am on this day to facilitate the conferences.

Preparations for the CAISSA tournament to be held here from February 23 to 27 are shifting into high gear. It is always an exciting time when we welcome guests from other international schools for friendly sporting competition. Come out and support our Caimans as they compete in boys' basketball and girls' soccer.

Have an enjoyable weekend.

Alicia Solozano
Principal, Middle School

Dates for your Diary:

- Feb. 14-17 ES MAP Testing
- 16 Soca Tour (1:00-2:15pm)
- 17 HS Film Festival
- 18 HS Parent-Teacher Conference (12:15-3:00pm)/Early Dismissal @ 11:30am
- 23-27 CAISSA - ISPS



REMINDER

High School Parent-Teacher Conferences
February 18th
12:15-3:00pm



What's Inside

Nurse's Notes	2
Athletics News	2
Yearbook Request	3
Community Notice Board	4-5
Cafeteria Menu	6



Welcome



The following families joined the ISPS community:

Araujo Family

Mariana Araujo – Pre-K
Octavio Araujo – grade 5 Sheer

Helmy Family

Malak Helmy – grade 3 Parkes

After School Activities

No
After School Activities
Thursday 24th February
and
Friday 25th February



Nurse's Notes

Hello Everyone,

This week students with flu like symptoms continued to come to the office. This will continue until after carnival.

This is a health tip about too much caffeine. Caffeine is a stimulant. You get caffeine in tea, coffee, flavoured soft drinks, some medication for pain relief. Sometimes without realizing it we end up getting too much caffeine.



This can cause: Rapid heart rate, tremors, trouble sleeping, frequent urination, vomiting or nausea, anxiety and restlessness and feeling depressed.

Be careful on the roads and have a safe weekend.

Vanda Gomes R.N. R.M.
School Nurse



Caiman Athletic News

Gymnastics

On Saturday February 5th 2011, three students from our one hour a week gymnastics programme here at ISPS represented the school at the Trinidad and Tobago Gymnastics Federation's "No Frills" meet at the Woodbrook Youth Facility. Charlotte Mears, Aryah Waller, and Maria Gonzales competed in the Pre Competition level and was coached by Mrs. Sarah Walker (Middle School TA).



This was their first meet and they all did a fantastic job. Despite only practicing once a week here at ISPS they looked very good amongst the other competitors, some of who train several times a week.

Congratulations goes out to all the girls. Come out to support them at their next meet which is on March 26th 2011 at the Woodbrook Youth Facility.

Girls' Basketball

The ISPS Girls' Basketball team opened the 2010/2011 season with a **35 – 10** win over NABAC in the Girls' Open division. Top scorers were Noora Larson with 20 points and Salome Boccara with 10 points. All the girls chipped in to create chances for our top scorers with great hustle coming from Dayna Bayne, Ella Bayne, Rehana Omardeen. Sasha Chow also chipped in with 2 points and good drives to the hoop on offense and hustle on defense.



Following is the Basketball Schedule for February.

February 15th ISPS vs Fatima (U-17 Boys) at **Jean Pierre**

February 17th ISPS vs South East P.O.S. ((U-15 Boys) at **ISPS 3:30**

February 18th ISPS vs Mucurapo West (Girls' Open) at **ISPS 3:00**

ISPS vs Fatima (U-15 Boys) at **ISPS 4:30**

February 22nd ISPS vs East Mucurapo Secondary School (U-20 Boys) at **Jean Pierre 3:15pm**

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### CAISSA

CAISSA is just 2 weeks away and I would like to finalize all housing arrangements for our guests. If your kids are athletes who participate in CAISSA or other sporting events, or would like to participate in the near future, you would appreciate the need to try our very best to accommodate students from the visiting schools.

If you would like to offer accommodation at your house, but do not know what it entails, please contact me.

We must find homes for 75 students and 15 coaches in order for our leg of CAISSA to be a success. It is only through our combined efforts that CAISSA will be a worthwhile experience for all our children.

Please indicate on the form on page 5 whether or not you are interested in housing athletes or coaches.

If you have any questions I can be reached at 620-6866 or email me at [aali@isps.edu.tt](mailto:aali@isps.edu.tt)

# Y e a r b o o k

The Yearbook Committee for ISPS invites parents and businesses to support the production of the 2010-11 yearbook. The yearbook is produced by a dedicated group of high school students, and consists of all the memorable events that make our educational years enjoyable, interesting and successful.

The yearbook committee strives to produce a quality, hardcover book which will be a source of pride for students, families and the school. The cost of publishing a yearbook is fixed and, for a small school such as ours, the best way to offset the cost of the yearbook is to ask for sponsorship.

Sponsors will receive space in the yearbook where your company can place a message of support (for e.g. "BG congratulates the graduating class of June 2011" or something similar along with a company logo and slogan). It is our hope that you will consider using this opportunity to assist the Yearbook Committee foster school spirit as well as to promote your business. Should your business choose to support our school, your message of support will be seen by over 250 local and foreign families.

Levels of support:

\$3500.00 TT – Full Page Message

\$2100.00 TT – Half Page Message

\$1400.00 TT – Quarter Page Message

If your business is interested in supporting our yearbook or if you have any questions, please contact our yearbook advisor, Dawn Cowley, at 633-4777 x234. The deadline for the publication of the yearbook is fast approaching and we ask that interested persons get in touch with us as soon as possible.

We look forward to your contribution!

Yours Sincerely,

Edward Mahabir and Janine Awai  
Students, Editors in Chief  
*The Yearbook Committee*

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## SUPPORT THE ISPS YEARBOOK!

*Please make cheques payable to : ISPS*

Please return the following order form along with a copy of your message on CD.

Business Name: \_\_\_\_\_

Your Name: \_\_\_\_\_

Telephone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

Message size:

Full page       Half page       Quarter page

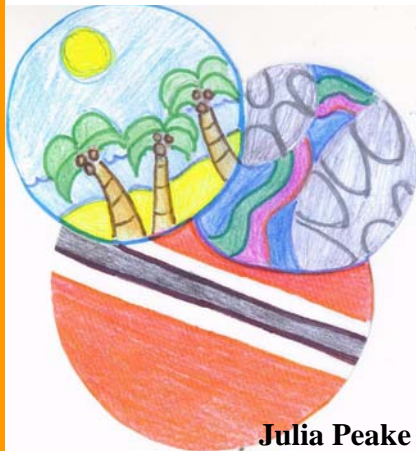
I have enclosed a cheque for \$\_\_\_\_\_TT (For your convenience, the school also accepts US dollars)

*Thank you for your support of ISPS yearbook. Your donation is greatly appreciated.*

# COMMUNITY NOTICE BOARD



Shara Morris



Julia Peake

## CONGRATULATIONS!!!

to our  
Carnival 2011 Logo Winners

*Shara Morris*

and

*Julia Peake*

**Be sure to purchase your T-shirt: \$60TT !  
(date of sale soon to be announced)**

**The Carnival Committee would like to thank all the  
students who enthusiastically participated in the  
2011 logo design competition**



### CAISSA Housing Form

Please indicate below whether or not you are interested in housing athletes or coaches during the CAISSA Boys' Basketball and Girls' Soccer CAISSA from February 23 to 27, 2011.

Please complete the form below

1. Parent's name \_\_\_\_\_
2. Will you be willing to house students/coaches? YES \_\_\_\_\_ NO \_\_\_\_\_
3. Email address \_\_\_\_\_
4. Phone Number \_\_\_\_\_
5. How many students/coaches can you house? \_\_\_\_\_

What's your address? \_\_\_\_\_  
\_\_\_\_\_

If you have any questions I can be reached at 620-6866 or email me at [aali@isps.edu.tt](mailto:aali@isps.edu.tt)



|                              |                         |               |                                                                       |                                   |
|------------------------------|-------------------------|---------------|-----------------------------------------------------------------------|-----------------------------------|
| <b>Dates for your Diary:</b> |                         | 18            | HS Parent-Teacher Conference (12:15-3:00pm)/Early Dismissal @ 11:30am | missal)                           |
| Feb. 14-17                   | ES MAP Testing          |               |                                                                       | 7-8 National Carnival (No School) |
| 16                           | Soca Tour (1:00-2:15pm) | 23-27         | CAISSA - ISPS                                                         | 9 Ash Wednesday (No School)       |
| 17                           | HS Film Festival        | <b>Mar. 4</b> | Carnival Parade (Early Dis-                                           | 11 ES Term II Ends                |

## Cafeteria Menu: February 14-18 , 2011

**Everyday there will be a set menu at a fixed cost (Table d'hôte) and some days may have an À la carte menu where items are priced individually (À la Carte)**

|                            |                                                                                                                                                |
|----------------------------|------------------------------------------------------------------------------------------------------------------------------------------------|
| MONDAY 14 <sup>TH</sup>    | BEEF LASAGNE, VEGETABLE LASAGNE , SAUTEED VEGETABLES, GARLIC BREAD, CAESAR SALAD, FRESH FRUIT JUICE.                                           |
| TUESDAY 15 <sup>TH</sup>   | BEEF SOUP, CHICKEN NOODLE SOUP, MINESTRONE SOUP, BREAD ROLLS, FRESH FRUIT SALAD, FRESH FRUIT JUICE                                             |
| WEDNESDAY 16 <sup>TH</sup> | MASSALA GOAT, CURRIED CHICKEN, BUSS UP SHUT/DHAL PURI, CURRY ALOO AND CHANNA, PUMPKIN CHOKA, CURRY MANGO, FRESH FRUIT SALAD, FRESH FRUIT JUICE |
| THURSDAY 17 <sup>TH</sup>  | MEATBALLS IN TOMATO SAUCE, PENNE PASTA WITH FRESH TOMATOES, FRENCH BREAD, TOSSED SALAD                                                         |
| FRIDAY 18 <sup>TH</sup>    | BARBECUE RIBS, BARBECUE CHICKEN, GRILLED FISH, MACARONI PIE, SAVOURY RICE, GREEK SALAD., FRESH FRUIT JUICE                                     |

**Prices for Lunch: VAT INCLUSIVE (Table d'hôte)- Fixed Menu**

**Small: \$23.00    Large: \$28.75**

**Prices for (A la Carte Menu) : VAT INCLUSIVE**

|                                         |                                            |                                                          |
|-----------------------------------------|--------------------------------------------|----------------------------------------------------------|
| <b>Beef Sub:</b> \$16.10(sm)/\$19.55(m) | <b>Chicken Sub:</b> \$14.95(sm)/\$17.25(m) | <b>Meatball Sub:</b> \$16.10(sm)/\$19.55(m)              |
| <b>Bake &amp; Shark:</b> \$20.00        | <b>French Fries:</b> \$9.20                | <b>Regular Juices: Small</b> \$4.60 <b>Large:</b> \$9.20 |

*Note: Vegetarian meals are available upon request. Students & Staff who suffer from allergies or have dietary requirements, please let the café know in advance so that they can try to facilitate you.*

**Other Available Items:** Sandwiches, Fresh Fruit Juices, Milk Drinks, Pre-packed Juices, Cut Fruits, Freshly Baked Pastries & Snack Items

*\*\*\*Freshly baked bread will be on sale in the café every Friday afternoon\*\*\**